US HARBORS www.USHarbors.com

Fore River, Portland, ME - Jan 2043

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	3:03	8.8	3:14	8.9	9:02	1.2	9:33	0.6	7:14	4:14	
2	Fri	3:53	8.6	4:09	8.4	9:58	1.4	10:21	1.1	7:14	4:15	
3	Sat	4:43	8.6	5:05	8.0	10:55	1.5	11:10	1.5	7:14	4:16	
4	Sun	5:33	8.5	6:03	7.7	11:54	1.5			7:14	4:17	
5	Mon	6:24	8.6	7:02	7.6	12:01	1.8	12:53	1.4	7:14	4:18	
6	Tue	7:16	8.7	7:58	7.6	12:55	1.9	1:48	1.2	7:14	4:19	
7	Wed	8:04	8.9	8:48	7.8	1:47	1.9	2:37	0.9	7:14	4:20	
8	Thu	8:50	9.2	9:33	8.0	2:34	1.8	3:21	0.6	7:13	4:21	
9	Fri	9:33	9.5	10:15	8.2	3:17	1.5	4:02	0.2	7:13	4:22	
10	Sat	10:14	9.7	10:56	8.4	3:58	1.3	4:42	-0.1	7:13	4:23	
11	Sun	10:54	10.0	11:35	8.6	4:38	1.0	5:20	-0.3	7:13	4:25	
12	Mon	11:34	10.2			5:19	0.7	5:59	-0.5	7:12	4:26	
13	Tue	12:13	8.8	12:15	10.3	6:01	0.5	6:38	-0.7	7:12	4:27	
14	Wed	12:52	9.1	12:57	10.3	6:45	0.3	7:19	-0.7	7:11	4:28	
15	Thu	1:34	9.3	1:43	10.1	7:32	0.2	8:02	-0.6	7:11	4:29	
16	Fri	2:18	9.5	2:33	9.8	8:23	0.1	8:49	-0.4	7:10	4:31	
17	Sat	3:07	9.7	3:29	9.4	9:18	0.1	9:40	-0.1	7:10	4:32	
18	Sun	4:00	9.8	4:29	8.9	10:18	0.1	10:35	0.3	7:09	4:33	
19	Mon	4:57	9.8	5:35	8.6	11:21	0.1	11:35	0.6	7:08	4:34	
20	Tue	5:58	9.8	6:45	8.4			12:29	0.0	7:08	4:36	
21	Wed	7:03	9.9	7:53	8.4	12:40	0.8	1:38	-0.2	7:07	4:37	
22	Thu	8:07	10.1	8:56	8.6	1:46	0.8	2:41	-0.5	7:06	4:38	
23	Fri	9:06	10.4	9:52	8.8	2:47	0.6	3:38	-0.7	7:05	4:39	
24	Sat	10:01	10.5	10:44	9.0	3:43	0.4	4:30	-0.9	7:05	4:41	
25	Sun	10:52	10.6	11:32	9.2	4:35	0.3	5:19	-0.9	7:04	4:42	
26	Mon	11:40	10.5			5:24	0.2	6:04	-0.8	7:03	4:43	
27	Tue	12:17	9.2	12:25	10.2	6:11	0.2	6:45	-0.6	7:02	4:45	
28	Wed	12:59	9.2	1:08	9.8	6:56	0.3	7:25	-0.2	7:01	4:46	
29	Thu	1:39	9.1	1:51	9.3	7:40	0.5	8:05	0.2	7:00	4:47	
30	Fri	2:20	9.0	2:36	8.8	8:26	0.8	8:45	0.7	6:59	4:49	
31	Sat	3:03	8.8	3:24	8.2	9:13	1.1	9:28	1.2	6:58	4:50	