






























## Fore River, Portland, ME - Feb 2023

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	3:47	8.6	4:16	7.8	10:04	1.3	10:13	1.6	6:57	4:52	
2	Mon	4:35	8.5	5:12	7.4	10:58	1.5	11:03	2.0	6:56	4:53	
3	Tue	5:26	8.3	6:13	7.2	11:57	1.6	11:59	2.2	6:55	4:54	
4	Wed	6:23	8.4	7:15	7.2			1:00	1.5	6:53	4:56	
5	Thu	7:21	8.5	8:11	7.4	12:59	2.2	1:58	1.2	6:52	4:57	
6	Fri	8:15	8.9	9:00	7.7	1:55	1.9	2:47	0.8	6:51	4:58	
7	Sat	9:03	9.3	9:44	8.1	2:45	1.5	3:32	0.3	6:50	5:00	
8	Sun	9:47	9.8	10:26	8.6	3:30	1.1	4:13	-0.2	6:48	5:01	
9	Mon	10:30	10.2	11:06	9.1	4:13	0.6	4:52	-0.6	6:47	5:02	
10	Tue	11:12	10.5	11:45	9.5	4:57	0.1	5:32	-1.0	6:46	5:04	
11	Wed	11:55	10.7			5:41	-0.3	6:12	-1.1	6:44	5:05	
12	Thu	12:25	9.9	12:39	10.6	6:27	-0.6	6:53	-1.1	6:43	5:07	
13	Fri	1:07	10.2	1:26	10.3	7:14	-0.8	7:37	-0.9	6:42	5:08	
14	Sat	1:51	10.3	2:16	9.9	8:04	-0.7	8:24	-0.5	6:40	5:09	
15	Sun	2:40	10.3	3:12	9.3	8:59	-0.6	9:16	0.0	6:39	5:11	
16	Mon	3:34	10.1	4:14	8.8	9:59	-0.3	10:13	0.5	6:37	5:12	
17	Tue	4:34	9.8	5:22	8.3	11:05	0.0	11:17	1.0	6:36	5:13	
18	Wed	5:41	9.6	6:36	8.1			12:16	0.2	6:34	5:15	
19	Thu	6:53	9.5	7:47	8.2	12:28	1.2	1:30	0.2	6:33	5:16	
20	Fri	8:01	9.7	8:49	8.4	1:39	1.2	2:34	0.0	6:31	5:17	
21	Sat	9:01	9.9	9:43	8.8	2:42	0.9	3:30	-0.3	6:30	5:19	
22	Sun	9:54	10.1	10:31	9.0	3:37	0.6	4:18	-0.5	6:28	5:20	
23	Mon	10:42	10.2	11:14	9.3	4:27	0.3	5:02	-0.5	6:27	5:21	
24	Tue	11:25	10.1	11:53	9.4	5:12	0.1	5:41	-0.4	6:25	5:23	
25	Wed			12:06	9.9	5:53	0.1	6:17	-0.2	6:23	5:24	
26	Thu	12:29	9.4	12:44	9.5	6:33	0.1	6:52	0.1	6:22	5:25	
27	Fri	1:04	9.4	1:22	9.1	7:11	0.2	7:26	0.5	6:20	5:26	
28	Sat	1:38	9.2	2:02	8.7	7:50	0.5	8:02	0.9	6:18	5:28	