
































Fore River, Portland, ME - Sep 2023

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	10:08	8.9	10:21	10.4	3:55	-0.1	4:03	0.7	6:05	7:17	
2	Wed	11:00	9.3	11:13	10.5	4:47	-0.3	4:56	0.4	6:06	7:15	
3	Thu	11:46	9.5			5:34	-0.4	5:45	0.2	6:07	7:13	
4	Fri	12:01	10.4	12:29	9.7	6:17	-0.3	6:31	0.1	6:08	7:11	
5	Sat	12:45	10.2	1:09	9.8	6:57	-0.1	7:15	0.1	6:09	7:10	
6	Sun	1:27	9.8	1:47	9.7	7:35	0.2	7:56	0.3	6:10	7:08	
7	Mon	2:08	9.4	2:24	9.5	8:11	0.6	8:38	0.5	6:11	7:06	
8	Tue	2:50	8.9	3:03	9.3	8:49	1.1	9:21	0.9	6:12	7:04	
9	Wed	3:35	8.4	3:45	9.0	9:30	1.6	10:08	1.2	6:13	7:02	
10	Thu	4:24	8.0	4:32	8.8	10:15	2.0	11:00	1.5	6:15	7:01	
11	Fri	5:17	7.6	5:25	8.5	11:05	2.3	11:56	1.7	6:16	6:59	
12	Sat	6:14	7.4	6:23	8.5			12:00	2.5	6:17	6:57	
13	Sun	7:15	7.4	7:23	8.6	12:56	1.8	1:00	2.5	6:18	6:55	
14	Mon	8:14	7.6	8:21	8.9	1:58	1.6	2:00	2.2	6:19	6:53	
15	Tue	9:06	7.9	9:13	9.3	2:52	1.2	2:55	1.8	6:20	6:52	
16	Wed	9:51	8.4	9:59	9.7	3:38	0.8	3:43	1.2	6:21	6:50	
17	Thu	10:32	9.0	10:43	10.1	4:19	0.3	4:28	0.6	6:22	6:48	
18	Fri	11:12	9.6	11:27	10.4	4:59	-0.1	5:12	0.0	6:24	6:46	
19	Sat	11:51	10.2			5:38	-0.5	5:57	-0.5	6:25	6:44	
20	Sun	12:11	10.6	12:32	10.6	6:19	-0.7	6:43	-0.9	6:26	6:42	
21	Mon	12:56	10.5	1:14	10.9	7:01	-0.6	7:30	-1.1	6:27	6:41	
22	Tue	1:43	10.3	1:59	11.0	7:46	-0.5	8:19	-1.0	6:28	6:39	
23	Wed	2:33	9.9	2:48	10.8	8:34	-0.1	9:13	-0.8	6:29	6:37	
24	Thu	3:28	9.5	3:43	10.5	9:27	0.4	10:12	-0.3	6:30	6:35	
25	Fri	4:30	9.0	4:46	10.1	10:26	0.8	11:18	0.1	6:31	6:33	
26	Sat	5:38	8.6	5:54	9.8	11:31	1.2			6:33	6:31	
27	Sun	6:48	8.5	7:05	9.7	12:27	0.4	12:42	1.4	6:34	6:30	
28	Mon	7:58	8.5	8:15	9.7	1:39	0.4	1:54	1.3	6:35	6:28	
29	Tue	9:00	8.8	9:17	9.9	2:44	0.3	3:00	1.0	6:36	6:26	
30	Wed	9:53	9.2	10:10	10.0	3:40	0.1	3:56	0.6	6:37	6:24	