
































## Fore River, Portland, ME - Nov 2023

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	10:32	9.9	11:03	9.1	4:21	0.8	4:52	0.0	6:17	4:32	
2	Mon	11:07	9.8	11:42	8.9	4:57	1.0	5:29	0.1	6:18	4:31	
3	Tue	11:41	9.7			5:31	1.2	6:05	0.2	6:19	4:29	
4	Wed	12:19	8.6	12:16	9.5	6:06	1.5	6:41	0.4	6:20	4:28	
5	Thu	12:56	8.4	12:52	9.3	6:42	1.7	7:19	0.7	6:22	4:27	
6	Fri	1:36	8.1	1:31	9.1	7:21	1.9	8:00	0.9	6:23	4:26	
7	Sat	2:19	7.9	2:16	8.9	8:04	2.1	8:46	1.1	6:24	4:24	
8	Sun	3:07	7.7	3:06	8.7	8:52	2.3	9:36	1.3	6:26	4:23	
9	Mon	3:59	7.7	4:00	8.7	9:46	2.3	10:28	1.3	6:27	4:22	
10	Tue	4:51	7.9	4:57	8.7	10:42	2.1	11:21	1.1	6:28	4:21	
11	Wed	5:44	8.2	5:55	8.8	11:41	1.8			6:30	4:20	
12	Thu	6:35	8.8	6:53	9.1	12:13	0.9	12:40	1.2	6:31	4:19	
13	Fri	7:25	9.5	7:49	9.4	1:05	0.6	1:37	0.5	6:32	4:18	
14	Sat	8:12	10.2	8:41	9.7	1:55	0.2	2:29	-0.3	6:33	4:17	
15	Sun	8:58	10.9	9:33	10.0	2:43	-0.1	3:20	-1.0	6:35	4:16	
16	Mon	9:45	11.4	10:24	10.1	3:31	-0.4	4:10	-1.6	6:36	4:15	
17	Tue	10:34	11.7	11:16	10.1	4:20	-0.5	5:01	-1.8	6:37	4:14	
18	Wed	11:25	11.7			5:11	-0.5	5:54	-1.8	6:39	4:13	
19	Thu	12:10	10.0	12:18	11.6	6:03	-0.3	6:47	-1.6	6:40	4:12	
20	Fri	1:04	9.7	1:13	11.2	6:57	0.0	7:44	-1.1	6:41	4:11	
21	Sat	2:02	9.4	2:13	10.6	7:55	0.4	8:44	-0.6	6:42	4:11	
22	Sun	3:05	9.1	3:18	10.1	8:59	0.8	9:47	-0.2	6:44	4:10	
23	Mon	4:10	8.9	4:24	9.6	10:06	1.1	10:50	0.2	6:45	4:09	
24	Tue	5:13	8.9	5:31	9.2	11:15	1.2	11:52	0.5	6:46	4:09	
25	Wed	6:13	9.0	6:35	8.9			12:23	1.1	6:47	4:08	
26	Thu	7:10	9.2	7:36	8.8	12:50	0.8	1:26	0.9	6:48	4:07	
27	Fri	8:00	9.4	8:30	8.7	1:44	0.9	2:21	0.6	6:50	4:07	
28	Sat	8:45	9.6	9:18	8.7	2:32	1.0	3:08	0.4	6:51	4:06	
29	Sun	9:26	9.7	10:02	8.6	3:14	1.2	3:51	0.2	6:52	4:06	
30	Mon	10:04	9.7	10:43	8.6	3:53	1.3	4:31	0.1	6:53	4:06	