US HARBORS www.USHarbors.com

Fore River, Portland, ME - Jul 2044

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	**4:29**	10.0	**5:09**	9.8	**10:46**	-0.2	**11:18**	0.6	5:04	8:26	
2	Sat	**5:29**	9.3	**6:03**	9.7	**11:40**	0.4			5:04	8:26	
3	Sun	**6:30**	8.8	**6:58**	9.6	**12:20**	0.8	**12:35**	0.9	5:05	8:26	
4	Mon	**7:32**	8.4	**7:53**	9.5	**1:23**	0.9	**1:31**	1.4	5:05	8:25	
5	Tue	**8:33**	8.2	**8:46**	9.5	**2:24**	0.8	**2:27**	1.6	5:06	8:25	
6	Wed	**9:28**	8.1	**9:35**	9.5	**3:19**	0.8	**3:19**	1.8	5:07	8:25	
7	Thu	**10:18**	8.1	**10:21**	9.6	**4:09**	0.6	**4:07**	1.8	5:07	8:24	
8	Fri	**11:04**	8.2	**11:04**	9.6	**4:54**	0.5	**4:50**	1.7	5:08	8:24	
9	Sat	**11:47**	8.3	**11:45**	9.7	**5:36**	0.5	**5:31**	1.7	5:09	8:23	
10	Sun			**12:27**	8.3	**6:15**	0.4	**6:09**	1.6	5:10	8:23	
11	Mon	**12:24**	9.8	**1:04**	8.4	**6:51**	0.3	**6:47**	1.5	5:11	8:22	
12	Tue	**1:01**	9.8	**1:40**	8.5	**7:25**	0.3	**7:24**	1.4	5:11	8:22	
13	Wed	**1:36**	9.7	**2:14**	8.7	**7:58**	0.3	**8:02**	1.4	5:12	8:21	
14	Thu	**2:13**	9.6	**2:49**	8.8	**8:32**	0.3	**8:42**	1.3	5:13	8:20	
15	Fri	**2:51**	9.4	**3:26**	9.0	**9:08**	0.4	**9:26**	1.2	5:14	8:20	
16	Sat	**3:33**	9.2	**4:05**	9.2	**9:48**	0.5	**10:13**	1.0	5:15	8:19	
17	Sun	**4:20**	9.0	**4:49**	9.5	**10:31**	0.6	**11:04**	0.9	5:16	8:18	
18	Mon	**5:11**	8.7	**5:37**	9.7	**11:18**	0.7			5:17	8:17	
19	Tue	**6:08**	8.6	**6:31**	9.9	**12:00**	0.7	**12:10**	0.9	5:18	8:17	
20	Wed	**7:10**	8.5	**7:30**	10.2	**1:00**	0.5	**1:08**	1.0	5:19	8:16	
21	Thu	**8:16**	8.5	**8:32**	10.5	**2:04**	0.2	**2:11**	0.9	5:20	8:15	
22	Fri	**9:21**	8.7	**9:34**	10.9	**3:08**	-0.2	**3:13**	0.6	5:20	8:14	
23	Sat	**10:21**	9.1	**10:33**	11.2	**4:08**	-0.7	**4:13**	0.3	5:21	8:13	
24	Sun	**11:19**	9.4	**11:31**	11.5	**5:05**	-1.1	**5:11**	0.0	5:22	8:12	
25	Mon			**12:15**	9.8	**6:00**	-1.3	**6:08**	-0.2	5:24	8:11	
26	Tue	**12:27**	11.5	**1:08**	10.0	**6:53**	-1.4	**7:04**	-0.4	5:25	8:10	
27	Wed	**1:21**	11.3	**1:59**	10.2	**7:43**	-1.3	**7:59**	-0.3	5:26	8:09	
28	Thu	**2:14**	10.9	**2:49**	10.2	**8:32**	-0.9	**8:53**	-0.1	5:27	8:08	
29	Fri	**3:07**	10.3	**3:40**	10.1	**9:21**	-0.4	**9:50**	0.2	5:28	8:07	
30	Sat	**4:03**	9.7	**4:32**	9.9	**10:12**	0.2	**10:48**	0.5	5:29	8:06	
31	Sun	**5:00**	9.0	**5:25**	9.6	**11:03**	0.8	**11:47**	0.8	5:30	8:04	