






























Fore River, Portland, ME - Aug 2024

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	5:58	8.4	6:18	9.3	11:56	1.4			5:31	8:03	
2	Tue	6:59	8.0	7:15	9.1	12:47	1.1	12:53	1.8	5:32	8:02	
3	Wed	8:00	7.8	8:12	9.1	1:50	1.2	1:52	2.0	5:33	8:01	
4	Thu	8:58	7.8	9:06	9.1	2:49	1.1	2:49	2.0	5:34	7:59	
5	Fri	9:50	7.9	9:55	9.3	3:42	1.0	3:40	1.9	5:35	7:58	
6	Sat	10:36	8.1	10:40	9.5	4:28	0.8	4:25	1.7	5:36	7:57	
7	Sun	11:19	8.3	11:21	9.7	5:09	0.6	5:06	1.5	5:37	7:55	
8	Mon	11:58	8.5	11:59	9.8	5:47	0.4	5:44	1.3	5:39	7:54	
9	Tue			12:33	8.7	6:21	0.3	6:22	1.1	5:40	7:53	
10	Wed	12:35	9.8	1:07	9.0	6:53	0.2	6:58	0.9	5:41	7:51	
11	Thu	1:11	9.8	1:39	9.2	7:25	0.1	7:36	0.7	5:42	7:50	
12	Fri	1:46	9.7	2:12	9.4	7:58	0.1	8:15	0.6	5:43	7:48	
13	Sat	2:24	9.5	2:48	9.6	8:34	0.2	8:58	0.5	5:44	7:47	
14	Sun	3:06	9.3	3:28	9.7	9:14	0.4	9:45	0.4	5:45	7:45	
15	Mon	3:54	9.0	4:15	9.8	9:59	0.6	10:38	0.5	5:46	7:44	
16	Tue	4:47	8.7	5:07	9.9	10:50	0.9	11:35	0.5	5:47	7:42	
17	Wed	5:47	8.4	6:06	9.9	11:46	1.1			5:49	7:41	
18	Thu	6:52	8.3	7:11	10.0	12:39	0.5	12:48	1.1	5:50	7:39	
19	Fri	8:03	8.4	8:20	10.3	1:48	0.3	1:56	1.0	5:51	7:37	
20	Sat	9:09	8.7	9:25	10.6	2:55	0.0	3:03	0.7	5:52	7:36	
21	Sun	10:10	9.2	10:24	11.0	3:56	-0.5	4:04	0.2	5:53	7:34	
22	Mon	11:05	9.6	11:20	11.2	4:51	-0.9	5:01	-0.2	5:54	7:33	
23	Tue	11:57	10.0			5:43	-1.1	5:56	-0.5	5:55	7:31	
24	Wed	12:13	11.1	12:46	10.3	6:31	-1.1	6:48	-0.6	5:56	7:29	
25	Thu	1:04	10.9	1:32	10.4	7:18	-0.9	7:39	-0.6	5:58	7:28	
26	Fri	1:53	10.5	2:17	10.3	8:02	-0.5	8:28	-0.3	5:59	7:26	
27	Sat	2:42	9.9	3:03	10.1	8:47	0.1	9:19	0.1	6:00	7:24	
28	Sun	3:33	9.3	3:51	9.7	9:34	0.7	10:13	0.5	6:01	7:22	
29	Mon	4:27	8.6	4:42	9.3	10:24	1.3	11:09	0.9	6:02	7:21	
30	Tue	5:24	8.1	5:37	9.0	11:17	1.8			6:03	7:19	
31	Wed	6:23	7.8	6:35	8.8	12:08	1.3	12:14	2.2	6:04	7:17	