

































Fore River, Portland, ME - Jan 2025

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	8:26	10.4	9:14	8.9	2:08	0.7	3:02	-0.7	7:14	4:15	
2	Mon	9:26	10.9	10:08	9.2	3:08	0.3	3:56	-1.2	7:14	4:16	
3	Tue	10:20	11.3	11:02	9.6	4:02	-0.1	4:50	-1.6	7:14	4:17	
4	Wed	11:14	11.5	11:56	9.9	4:56	-0.4	5:38	-1.8	7:14	4:18	
5	Thu			12:08	11.5	5:50	-0.6	6:32	-1.8	7:14	4:19	
6	Fri	12:50	10.1	1:02	11.3	6:44	-0.7	7:26	-1.6	7:14	4:20	
7	Sat	1:38	10.1	1:56	10.8	7:38	-0.5	8:14	-1.2	7:14	4:21	
8	Sun	2:32	10.1	2:56	10.1	8:38	-0.3	9:08	-0.6	7:13	4:22	
9	Mon	3:32	9.9	3:56	9.4	9:38	0.0	10:02	0.0	7:13	4:23	
10	Tue	4:26	9.7	4:56	8.8	10:44	0.3	11:02	0.6	7:13	4:24	
11	Wed	5:26	9.5	6:02	8.3	11:50	0.5			7:12	4:25	
12	Thu	6:26	9.4	7:08	8.1	12:02	1.1	12:56	0.5	7:12	4:26	
13	Fri	7:20	9.3	8:08	8.0	1:02	1.4	1:56	0.5	7:11	4:28	
14	Sat	8:20	9.3	9:02	8.1	2:02	1.5	2:50	0.4	7:11	4:29	
15	Sun	9:08	9.4	9:50	8.2	2:50	1.4	3:38	0.2	7:11	4:30	
16	Mon	9:50	9.5	10:32	8.3	3:38	1.3	4:20	0.1	7:10	4:31	
17	Tue	10:32	9.6	11:08	8.4	4:20	1.2	5:02	0.1	7:09	4:32	
18	Wed	11:08	9.6	11:44	8.5	4:56	1.1	5:32	0.0	7:09	4:34	
19	Thu	11:44	9.6			5:32	1.0	6:08	0.0	7:08	4:35	
20	Fri	12:20	8.6	12:20	9.5	6:08	0.9	6:38	0.1	7:07	4:36	
21	Sat	12:50	8.7	12:56	9.4	6:44	0.9	7:08	0.2	7:07	4:38	
22	Sun	1:26	8.7	1:32	9.1	7:20	0.9	7:44	0.3	7:06	4:39	
23	Mon	1:56	8.8	2:08	8.8	8:02	0.9	8:20	0.5	7:05	4:40	
24	Tue	2:38	8.9	2:56	8.5	8:44	0.9	9:02	0.8	7:04	4:41	
25	Wed	3:20	9.0	3:44	8.2	9:32	0.9	9:50	1.0	7:03	4:43	
26	Thu	4:08	9.1	4:38	8.0	10:32	0.8	10:38	1.2	7:02	4:44	
27	Fri	4:56	9.2	5:38	7.8	11:32	0.7	11:38	1.2	7:01	4:45	
28	Sat	6:02	9.4	6:50	7.9			12:38	0.5	7:00	4:47	
29	Sun	7:08	9.8	7:56	8.2	12:44	1.1	1:44	0.0	6:59	4:48	
30	Mon	8:08	10.3	8:56	8.7	1:50	0.7	2:44	-0.6	6:58	4:50	
31	Tue	9:08	10.8	9:56	9.3	2:50	0.2	3:38	-1.1	6:57	4:51	