US HARBORS www.USHarbors.com

Fore River, Portland, ME - Jul 2045

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	12:56	9.9	1:37	8.6	7:24	0.2	7:23	1.5	5:03	8:26	
2	Sun	1:35	9.7	2:15	8.6	8:00	0.3	8:02	1.5	5:04	8:26	
3	Mon	2:13	9.5	2:52	8.6	8:35	0.5	8:42	1.6	5:05	8:26	
4	Tue	2:52	9.3	3:30	8.7	9:11	0.6	9:25	1.6	5:05	8:25	
5	Wed	3:33	9.0	4:10	8.7	9:49	0.8	10:10	1.6	5:06	8:25	
6	Thu	4:17	8.7	4:50	8.9	10:29	1.0	10:57	1.6	5:07	8:25	
7	Fri	5:05	8.4	5:33	9.0	11:11	1.2	11:48	1.5	5:07	8:24	
8	Sat	5:55	8.2	6:19	9.2	11:57	1.4			5:08	8:24	
9	Sun	6:50	8.0	7:10	9.4	12:41	1.3	12:47	1.5	5:09	8:23	
10	Mon	7:50	8.0	8:05	9.7	1:39	1.0	1:43	1.5	5:10	8:23	
11	Tue	8:50	8.2	9:01	10.2	2:38	0.6	2:40	1.2	5:10	8:22	
12	Wed	9:47	8.5	9:56	10.7	3:35	0.1	3:37	0.9	5:11	8:22	
13	Thu	10:42	8.9	10:51	11.1	4:30	-0.4	4:32	0.5	5:12	8:21	
14	Fri	11:37	9.3	11:46	11.4	5:23	-0.9	5:27	0.1	5:13	8:21	
15	Sat			12:30	9.7	6:15	-1.3	6:22	-0.2	5:14	8:20	
16	Sun	12:40	11.5	1:22	10.1	7:06	-1.5	7:18	-0.4	5:15	8:19	
17	Mon	1:34	11.5	2:14	10.3	7:57	-1.5	8:13	-0.4	5:15	8:18	
18	Tue	2:29	11.1	3:07	10.4	8:48	-1.2	9:11	-0.3	5:16	8:18	
19	Wed	3:25	10.6	4:01	10.4	9:40	-0.8	10:11	-0.2	5:17	8:17	
20	Thu	4:25	10.0	4:56	10.3	10:34	-0.3	11:12	0.1	5:18	8:16	
21	Fri	5:26	9.4	5:53	10.1	11:30	0.3			5:19	8:15	
22	Sat	6:29	8.8	6:51	9.9	12:16	0.3	12:28	0.9	5:20	8:14	
23	Sun	7:34	8.4	7:51	9.7	1:21	0.5	1:29	1.3	5:21	8:13	
24	Mon	8:37	8.2	8:50	9.7	2:26	0.6	2:30	1.5	5:22	8:12	
25	Tue	9:35	8.2	9:43	9.7	3:25	0.5	3:27	1.6	5:23	8:11	
26	Wed	10:27	8.3	10:32	9.7	4:17	0.4	4:17	1.5	5:24	8:10	
27	Thu	11:13	8.4	11:16	9.8	5:03	0.4	5:02	1.4	5:25	8:09	
28	Fri	11:55	8.5	11:57	9.8	5:45	0.3	5:43	1.3	5:26	8:08	
29	Sat			12:34	8.6	6:23	0.3	6:22	1.3	5:27	8:07	
30	Sun	12:35	9.8	1:09	8.8	6:57	0.3	6:59	1.2	5:28	8:06	
31	Mon	1:11	9.7	1:43	8.9	7:29	0.3	7:35	1.2	5:30	8:05	