US HARBORS www.USHarbors.com

Fore River, Portland, ME - Aug 2045

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	1:46	9.5	2:16	9.0	8:01	0.4	8:12	1.1	5:31	8:03	
2	Wed	2:22	9.3	2:49	9.0	8:33	0.6	8:51	1.1	5:32	8:02	
3	Thu	2:59	9.0	3:24	9.1	9:08	0.8	9:33	1.1	5:33	8:01	
4	Fri	3:40	8.7	4:03	9.2	9:47	1.0	10:18	1.1	5:34	8:00	
5	Sat	4:26	8.4	4:47	9.2	10:29	1.2	11:08	1.1	5:35	7:58	
6	Sun	5:17	8.1	5:36	9.3	11:17	1.4			5:36	7:57	
7	Mon	6:13	8.0	6:32	9.5	12:03	1.1	12:11	1.5	5:37	7:56	
8	Tue	7:16	7.9	7:33	9.8	1:04	0.9	1:10	1.4	5:38	7:54	
9	Wed	8:22	8.2	8:37	10.2	2:09	0.6	2:14	1.2	5:39	7:53	
10	Thu	9:24	8.6	9:37	10.7	3:12	0.1	3:16	0.7	5:41	7:51	
11	Fri	10:21	9.1	10:35	11.1	4:09	-0.5	4:15	0.2	5:42	7:50	
12	Sat	11:16	9.7	11:30	11.5	5:03	-1.0	5:12	-0.3	5:43	7:49	
13	Sun			12:08	10.2	5:54	-1.4	6:07	-0.7	5:44	7:47	
14	Mon	12:25	11.5	12:59	10.7	6:44	-1.5	7:02	-1.0	5:45	7:46	
15	Tue	1:18	11.4	1:49	10.9	7:33	-1.4	7:55	-1.0	5:46	7:44	
16	Wed	2:11	11.0	2:39	10.9	8:22	-1.1	8:50	-0.8	5:47	7:43	
17	Thu	3:05	10.4	3:30	10.6	9:12	-0.5	9:48	-0.5	5:48	7:41	
18	Fri	4:03	9.7	4:25	10.3	10:05	0.1	10:48	0.0	5:49	7:39	
19	Sat	5:03	9.0	5:23	9.9	11:01	0.8	11:50	0.4	5:51	7:38	
20	Sun	6:05	8.5	6:23	9.5			12:01	1.3	5:52	7:36	
21	Mon	7:10	8.1	7:26	9.3	12:55	0.8	1:04	1.7	5:53	7:35	
22	Tue	8:14	8.0	8:27	9.3	2:02	0.9	2:08	1.8	5:54	7:33	
23	Wed	9:12	8.1	9:22	9.3	3:02	0.9	3:06	1.7	5:55	7:31	
24	Thu	10:02	8.2	10:10	9.5	3:53	0.8	3:56	1.5	5:56	7:30	
25	Fri	10:46	8.5	10:53	9.6	4:38	0.6	4:40	1.3	5:57	7:28	
26	Sat	11:26	8.7	11:33	9.7	5:17	0.5	5:20	1.1	5:58	7:26	
27	Sun			12:02	8.9	5:52	0.4	5:58	0.9	6:00	7:25	
28	Mon	12:10	9.7	12:36	9.1	6:24	0.4	6:33	0.8	6:01	7:23	
29	Tue	12:45	9.6	1:07	9.2	6:54	0.4	7:08	0.7	6:02	7:21	
30	Wed	1:19	9.4	1:37	9.3	7:24	0.5	7:43	0.7	6:03	7:19	
31	Thu	1:53	9.2	2:09	9.4	7:56	0.7	8:20	0.6	6:04	7:18	