
































Fore River, Portland, ME - Sep 2025

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	2:29	8.9	2:43	9.4	8:31	0.9	9:00	0.7	6:05	7:16	
2	Sat	3:10	8.6	3:23	9.4	9:11	1.1	9:46	0.8	6:06	7:14	
3	Sun	3:56	8.4	4:10	9.4	9:56	1.3	10:38	0.9	6:07	7:12	
4	Mon	4:49	8.1	5:05	9.4	10:47	1.5	11:36	0.9	6:08	7:11	
5	Tue	5:49	8.0	6:06	9.5	11:45	1.5			6:10	7:09	
6	Wed	6:55	8.0	7:13	9.7	12:40	0.8	12:50	1.4	6:11	7:07	
7	Thu	8:03	8.4	8:20	10.1	1:48	0.5	1:57	1.1	6:12	7:05	
8	Fri	9:06	8.9	9:23	10.6	2:51	0.0	3:03	0.5	6:13	7:03	
9	Sat	10:02	9.6	10:20	11.0	3:48	-0.5	4:02	-0.2	6:14	7:02	
10	Sun	10:54	10.3	11:15	11.2	4:41	-1.0	4:58	-0.8	6:15	7:00	
11	Mon	11:44	10.8			5:30	-1.2	5:51	-1.2	6:16	6:58	
12	Tue	12:08	11.2	12:33	11.1	6:19	-1.3	6:44	-1.4	6:17	6:56	
13	Wed	1:00	11.0	1:21	11.2	7:06	-1.0	7:35	-1.3	6:19	6:54	
14	Thu	1:51	10.6	2:09	11.0	7:54	-0.6	8:27	-1.0	6:20	6:52	
15	Fri	2:43	10.0	2:58	10.6	8:43	0.0	9:22	-0.5	6:21	6:51	
16	Sat	3:38	9.3	3:52	10.1	9:35	0.7	10:20	0.1	6:22	6:49	
17	Sun	4:37	8.7	4:51	9.6	10:32	1.3	11:21	0.6	6:23	6:47	
18	Mon	5:39	8.3	5:52	9.2	11:32	1.7			6:24	6:45	
19	Tue	6:42	8.0	6:56	8.9	12:25	1.0	12:36	2.0	6:25	6:43	
20	Wed	7:44	7.9	7:58	8.9	1:30	1.2	1:40	2.0	6:26	6:41	
21	Thu	8:41	8.1	8:53	9.0	2:30	1.2	2:39	1.8	6:27	6:40	
22	Fri	9:30	8.4	9:41	9.2	3:20	1.0	3:30	1.5	6:29	6:38	
23	Sat	10:12	8.7	10:24	9.3	4:03	0.8	4:13	1.2	6:30	6:36	
24	Sun	10:50	9.0	11:03	9.4	4:40	0.7	4:53	0.9	6:31	6:34	
25	Mon	11:25	9.3	11:41	9.4	5:13	0.6	5:29	0.6	6:32	6:32	
26	Tue	11:57	9.5			5:45	0.6	6:04	0.4	6:33	6:30	
27	Wed	12:16	9.4	12:28	9.7	6:16	0.6	6:39	0.3	6:34	6:29	
28	Thu	12:51	9.3	1:00	9.8	6:48	0.7	7:14	0.2	6:35	6:27	
29	Fri	1:27	9.1	1:33	9.8	7:23	0.9	7:52	0.2	6:37	6:25	
30	Sat	2:04	8.9	2:10	9.8	8:00	1.0	8:34	0.3	6:38	6:23	