

































Fore River, Portland, ME - Oct 2025

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	2:46	8.6	2:54	9.7	8:43	1.2	9:22	0.4	6:39	6:21	
2	Mon	3:35	8.4	3:45	9.6	9:31	1.4	10:17	0.6	6:40	6:20	
3	Tue	4:31	8.2	4:44	9.5	10:27	1.5	11:18	0.7	6:41	6:18	
4	Wed	5:35	8.2	5:50	9.5	11:30	1.5			6:42	6:16	
5	Thu	6:41	8.3	6:58	9.7	12:22	0.6	12:37	1.3	6:44	6:14	
6	Fri	7:47	8.8	8:07	10.0	1:28	0.4	1:47	0.9	6:45	6:12	
7	Sat	8:48	9.4	9:09	10.3	2:31	0.0	2:52	0.3	6:46	6:11	
8	Sun	9:42	10.1	10:06	10.6	3:27	-0.4	3:50	-0.4	6:47	6:09	
9	Mon	10:32	10.7	10:59	10.7	4:18	-0.7	4:44	-1.0	6:48	6:07	
10	Tue	11:20	11.1	11:51	10.6	5:06	-0.8	5:36	-1.4	6:50	6:05	
11	Wed			12:07	11.3	5:54	-0.7	6:26	-1.4	6:51	6:04	
12	Thu	12:42	10.4	12:54	11.2	6:40	-0.4	7:15	-1.3	6:52	6:02	
13	Fri	1:31	10.0	1:40	10.9	7:27	0.0	8:05	-0.9	6:53	6:00	
14	Sat	2:21	9.5	2:28	10.4	8:15	0.6	8:56	-0.3	6:54	5:59	
15	Sun	3:13	9.0	3:20	9.8	9:05	1.1	9:50	0.3	6:56	5:57	
16	Mon	4:09	8.5	4:17	9.3	10:00	1.6	10:49	0.8	6:57	5:55	
17	Tue	5:08	8.1	5:17	8.9	10:59	2.0	11:49	1.2	6:58	5:54	
18	Wed	6:07	8.0	6:18	8.7			12:01	2.1	6:59	5:52	
19	Thu	7:05	8.0	7:18	8.6	12:48	1.4	1:03	2.1	7:01	5:50	
20	Fri	8:00	8.2	8:14	8.7	1:45	1.4	2:03	1.9	7:02	5:49	
21	Sat	8:48	8.5	9:04	8.8	2:35	1.3	2:55	1.5	7:03	5:47	
22	Sun	9:31	8.9	9:49	8.9	3:18	1.1	3:40	1.1	7:04	5:46	
23	Mon	10:08	9.3	10:30	9.0	3:56	1.0	4:20	0.7	7:06	5:44	
24	Tue	10:44	9.6	11:09	9.1	4:31	0.9	4:57	0.4	7:07	5:43	
25	Wed	11:17	9.8	11:47	9.1	5:05	0.8	5:34	0.1	7:08	5:41	
26	Thu	11:51	10.0			5:39	0.8	6:11	-0.1	7:09	5:40	
27	Fri	12:25	9.1	12:27	10.1	6:16	0.8	6:49	-0.2	7:11	5:38	
28	Sat	1:04	9.0	1:05	10.2	6:54	0.9	7:31	-0.2	7:12	5:37	
29	Sun	1:45	8.9	1:47	10.2	7:36	1.0	8:16	-0.1	7:13	5:35	
30	Mon	2:30	8.7	2:35	10.1	8:23	1.1	9:06	0.0	7:15	5:34	
31	Tue	3:21	8.5	3:29	9.9	9:15	1.2	10:02	0.2	7:16	5:33	