
































Fore River, Portland, ME - Nov 2045

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	4:20	8.5	4:31	9.7	10:15	1.3	11:03	0.3	7:17	5:31	
2	Thu	5:24	8.6	5:38	9.6	11:20	1.3			7:18	5:30	
3	Fri	6:27	8.9	6:46	9.6	12:05	0.3	12:28	1.1	7:20	5:29	
4	Sat	7:30	9.3	7:53	9.6	1:07	0.2	1:36	0.6	7:21	5:27	
5	Sun	7:28	9.9	7:56	9.8	1:08	0.1	1:41	0.1	6:22	4:26	
6	Mon	8:22	10.4	8:53	9.9	2:04	-0.1	2:39	-0.5	6:24	4:25	
7	Tue	9:11	10.8	9:46	10.0	2:56	-0.2	3:32	-1.0	6:25	4:24	
8	Wed	9:59	11.0	10:37	9.9	3:44	-0.2	4:22	-1.2	6:26	4:23	
9	Thu	10:45	11.1	11:26	9.7	4:32	0.0	5:10	-1.2	6:28	4:21	
10	Fri	11:31	10.9			5:18	0.2	5:58	-1.0	6:29	4:20	
11	Sat	12:14	9.4	12:17	10.6	6:04	0.6	6:44	-0.6	6:30	4:19	
12	Sun	1:00	9.1	1:03	10.1	6:50	0.9	7:31	-0.1	6:32	4:18	
13	Mon	1:48	8.7	1:50	9.7	7:37	1.3	8:20	0.4	6:33	4:17	
14	Tue	2:39	8.4	2:42	9.2	8:28	1.7	9:12	0.8	6:34	4:16	
15	Wed	3:32	8.1	3:37	8.8	9:22	1.9	10:04	1.1	6:35	4:15	
16	Thu	4:25	8.1	4:33	8.5	10:19	2.1	10:56	1.3	6:37	4:14	
17	Fri	5:18	8.1	5:29	8.3	11:17	2.1	11:47	1.4	6:38	4:13	
18	Sat	6:09	8.3	6:25	8.2			12:15	1.9	6:39	4:13	
19	Sun	6:57	8.6	7:19	8.3	12:37	1.5	1:10	1.6	6:41	4:12	
20	Mon	7:42	8.9	8:08	8.4	1:23	1.4	1:59	1.2	6:42	4:11	
21	Tue	8:23	9.3	8:53	8.5	2:06	1.3	2:43	0.7	6:43	4:10	
22	Wed	9:02	9.7	9:36	8.7	2:46	1.2	3:24	0.3	6:44	4:10	
23	Thu	9:40	10.0	10:18	8.8	3:26	1.0	4:04	-0.1	6:45	4:09	
24	Fri	10:19	10.2	11:00	8.9	4:06	0.9	4:45	-0.4	6:47	4:08	
25	Sat	11:01	10.5	11:43	9.0	4:47	0.8	5:29	-0.6	6:48	4:08	
26	Sun	11:45	10.6			5:32	0.7	6:14	-0.7	6:49	4:07	
27	Mon	12:29	9.0	12:32	10.6	6:18	0.6	7:01	-0.6	6:50	4:07	
28	Tue	1:17	9.0	1:22	10.5	7:08	0.7	7:52	-0.5	6:51	4:06	
29	Wed	2:10	9.0	2:18	10.2	8:03	0.7	8:47	-0.4	6:53	4:06	
30	Thu	3:07	9.0	3:19	9.9	9:04	0.8	9:45	-0.2	6:54	4:05	