US HARBORS www.USHarbors.com

Fore River, Portland, ME - Dec 2045

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	4:08	9.2	4:24	9.6	10:09	0.8	10:44	0.0	6:55	4:05	
2	Sat	5:08	9.4	5:31	9.3	11:16	0.6	11:44	0.2	6:56	4:05	
3	Sun	6:08	9.7	6:38	9.2			12:23	0.4	6:57	4:04	
4	Mon	7:07	10.0	7:42	9.1	12:44	0.3	1:29	0.0	6:58	4:04	
5	Tue	8:02	10.3	8:41	9.2	1:43	0.4	2:27	-0.4	6:59	4:04	
6	Wed	8:53	10.5	9:34	9.2	2:37	0.4	3:21	-0.7	7:00	4:04	
7	Thu	9:42	10.6	10:25	9.2	3:27	0.5	4:11	-0.8	7:01	4:04	
8	Fri	10:29	10.6	11:13	9.1	4:15	0.5	4:58	-0.8	7:02	4:04	
9	Sat	11:15	10.5	11:57	9.0	5:01	0.7	5:43	-0.6	7:03	4:04	
10	Sun	11:58	10.2			5:45	0.8	6:26	-0.4	7:04	4:04	
11	Mon	12:41	8.8	12:41	10.0	6:28	1.0	7:08	-0.1	7:04	4:04	
12	Tue	1:23	8.6	1:23	9.6	7:11	1.2	7:50	0.3	7:05	4:04	
13	Wed	2:06	8.4	2:08	9.2	7:56	1.5	8:32	0.6	7:06	4:04	
14	Thu	2:51	8.3	2:55	8.8	8:43	1.7	9:16	0.9	7:07	4:04	
15	Fri	3:37	8.3	3:44	8.5	9:34	1.8	10:00	1.1	7:07	4:05	
16	Sat	4:24	8.3	4:36	8.1	10:26	1.8	10:46	1.4	7:08	4:05	
17	Sun	5:10	8.4	5:30	7.9	11:20	1.8	11:33	1.6	7:09	4:05	
18	Mon	5:58	8.6	6:27	7.8			12:16	1.6	7:09	4:06	
19	Tue	6:47	8.8	7:23	7.8	12:23	1.6	1:11	1.2	7:10	4:06	
20	Wed	7:35	9.2	8:15	8.0	1:14	1.6	2:03	0.8	7:11	4:06	
21	Thu	8:21	9.6	9:03	8.3	2:03	1.4	2:51	0.3	7:11	4:07	
22	Fri	9:07	10.0	9:50	8.5	2:50	1.1	3:37	-0.2	7:12	4:07	
23	Sat	9:53	10.4	10:37	8.8	3:37	0.8	4:23	-0.6	7:12	4:08	
24	Sun	10:41	10.7	11:25	9.1	4:25	0.5	5:10	-0.9	7:12	4:09	
25	Mon	11:30	11.0			5:13	0.2	5:58	-1.2	7:13	4:09	
26	Tue	12:13	9.3	12:20	11.0	6:04	0.0	6:46	-1.2	7:13	4:10	
27	Wed	1:02	9.5	1:11	10.8	6:56	-0.1	7:36	-1.1	7:13	4:11	
28	Thu	1:53	9.6	2:06	10.5	7:51	0.0	8:28	-0.9	7:13	4:11	
29	Fri	2:48	9.7	3:05	10.0	8:51	0.1	9:22	-0.5	7:14	4:12	
30	Sat	3:45	9.8	4:08	9.5	9:54	0.2	10:19	-0.1	7:14	4:13	
31	Sun	4:43	9.8	5:13	9.0	10:59	0.2	11:14	0.3	7:14	4:14	