

































Fore River, Portland, ME - Jan 2046

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	5:39	9.9	6:17	8.7			12:03	0.1	7:14	4:15	
2	Tue	6:40	9.9	7:24	8.5	12:16	0.7	1:10	0.1	7:14	4:16	
3	Wed	7:40	9.9	8:26	8.5	1:20	0.9	2:12	-0.1	7:14	4:17	
4	Thu	8:36	10.0	9:21	8.6	2:19	0.9	3:08	-0.3	7:14	4:17	
5	Fri	9:28	10.1	10:11	8.7	3:12	0.9	3:58	-0.4	7:14	4:18	
6	Sat	10:15	10.1	10:57	8.7	4:00	0.8	4:44	-0.4	7:14	4:19	
7	Sun	11:00	10.0	11:38	8.7	4:45	0.8	5:26	-0.3	7:14	4:21	
8	Mon	11:41	9.9			5:27	0.8	6:05	-0.2	7:13	4:22	
9	Tue	12:17	8.7	12:19	9.7	6:07	0.9	6:41	0.0	7:13	4:23	
10	Wed	12:54	8.7	12:57	9.5	6:46	0.9	7:16	0.2	7:13	4:24	
11	Thu	1:31	8.7	1:35	9.1	7:25	1.1	7:51	0.4	7:12	4:25	
12	Fri	2:08	8.6	2:16	8.8	8:07	1.2	8:28	0.7	7:12	4:26	
13	Sat	2:47	8.6	2:59	8.4	8:51	1.3	9:08	1.0	7:12	4:27	
14	Sun	3:28	8.6	3:47	8.0	9:38	1.4	9:51	1.3	7:11	4:28	
15	Mon	4:12	8.6	4:39	7.7	10:29	1.5	10:38	1.6	7:11	4:30	
16	Tue	5:00	8.6	5:36	7.5	11:24	1.4	11:30	1.7	7:10	4:31	
17	Wed	5:53	8.7	6:38	7.5			12:23	1.2	7:10	4:32	
18	Thu	6:50	9.0	7:38	7.7	12:27	1.7	1:24	0.8	7:09	4:33	
19	Fri	7:47	9.5	8:34	8.1	1:26	1.5	2:21	0.3	7:08	4:35	
20	Sat	8:42	10.0	9:26	8.6	2:22	1.0	3:12	-0.3	7:08	4:36	
21	Sun	9:33	10.6	10:15	9.1	3:15	0.4	4:02	-0.9	7:07	4:37	
22	Mon	10:24	11.1	11:04	9.7	4:06	-0.1	4:50	-1.4	7:06	4:39	
23	Tue	11:15	11.3	11:52	10.1	4:58	-0.6	5:38	-1.7	7:05	4:40	
24	Wed			12:05	11.4	5:49	-0.9	6:25	-1.8	7:04	4:41	
25	Thu	12:40	10.4	12:56	11.2	6:41	-1.1	7:12	-1.7	7:04	4:42	
26	Fri	1:29	10.6	1:49	10.7	7:35	-1.0	8:02	-1.3	7:03	4:44	
27	Sat	2:20	10.5	2:45	10.1	8:31	-0.8	8:54	-0.7	7:02	4:45	
28	Sun	3:14	10.3	3:46	9.4	9:31	-0.5	9:50	0.0	7:01	4:46	
29	Mon	4:12	10.0	4:51	8.7	10:35	-0.1	10:49	0.6	7:00	4:48	
30	Tue	5:13	9.7	5:59	8.3	11:42	0.2	11:54	1.1	6:59	4:49	
31	Wed	6:18	9.5	7:08	8.1			12:53	0.4	6:58	4:51	