
































## Fore River, Portland, ME - Apr 2026

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	8:34	8.7	9:12	8.3	2:21	1.7	3:00	1.0	6:21	7:07	
2	Mon	9:27	8.8	9:57	8.7	3:17	1.4	3:46	0.9	6:20	7:09	
3	Tue	10:13	9.0	10:37	9.0	4:04	1.1	4:26	0.7	6:18	7:10	
4	Wed	10:54	9.1	11:13	9.3	4:45	0.7	5:02	0.7	6:16	7:11	
5	Thu	11:33	9.1	11:46	9.5	5:23	0.4	5:34	0.7	6:14	7:12	
6	Fri			12:10	9.1	5:58	0.2	6:06	0.7	6:12	7:13	
7	Sat	12:18	9.6	12:45	9.0	6:32	0.1	6:37	0.8	6:11	7:15	
8	Sun	12:49	9.7	1:19	8.9	7:05	0.0	7:10	0.9	6:09	7:16	
9	Mon	1:21	9.7	1:55	8.7	7:41	0.1	7:46	1.1	6:07	7:17	
10	Tue	1:55	9.7	2:33	8.5	8:19	0.1	8:25	1.2	6:06	7:18	
11	Wed	2:34	9.6	3:16	8.3	9:02	0.3	9:09	1.4	6:04	7:19	
12	Thu	3:20	9.5	4:06	8.2	9:51	0.4	10:00	1.5	6:02	7:21	
13	Fri	4:14	9.4	5:04	8.1	10:46	0.5	10:58	1.5	6:00	7:22	
14	Sat	5:14	9.4	6:05	8.3	11:46	0.5			5:59	7:23	
15	Sun	6:19	9.4	7:09	8.7	12:02	1.4	12:48	0.4	5:57	7:24	
16	Mon	7:27	9.6	8:11	9.3	1:09	1.0	1:50	0.1	5:55	7:25	
17	Tue	8:33	9.9	9:07	10.0	2:17	0.4	2:49	-0.2	5:54	7:27	
18	Wed	9:33	10.2	9:59	10.7	3:18	-0.3	3:43	-0.6	5:52	7:28	
19	Thu	10:29	10.4	10:49	11.2	4:14	-1.0	4:34	-0.8	5:50	7:29	
20	Fri	11:23	10.5	11:38	11.5	5:07	-1.5	5:23	-0.8	5:49	7:30	
21	Sat			12:15	10.5	5:59	-1.8	6:12	-0.7	5:47	7:31	
22	Sun	12:26	11.5	1:06	10.2	6:50	-1.8	7:01	-0.4	5:46	7:33	
23	Mon	1:15	11.3	1:57	9.8	7:40	-1.5	7:50	0.1	5:44	7:34	
24	Tue	2:04	10.9	2:49	9.4	8:31	-1.0	8:41	0.6	5:43	7:35	
25	Wed	2:55	10.3	3:44	8.9	9:25	-0.4	9:36	1.1	5:41	7:36	
26	Thu	3:51	9.7	4:42	8.5	10:22	0.2	10:35	1.6	5:40	7:37	
27	Fri	4:50	9.2	5:41	8.3	11:21	0.7	11:36	1.9	5:38	7:38	
28	Sat	5:51	8.8	6:40	8.2			12:19	1.1	5:37	7:40	
29	Sun	6:53	8.5	7:36	8.3	12:40	2.0	1:17	1.3	5:35	7:41	
30	Mon	7:52	8.4	8:28	8.6	1:43	1.9	2:11	1.3	5:34	7:42	