




























## Fore River, Portland, ME - Aug 2024

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	7:30	8.7	7:50	10.3	1:15	0.1	1:25	0.8	5:30	8:04	
2	Fri	8:38	8.7	8:54	10.4	2:24	0.0	2:31	0.8	5:31	8:03	
3	Sat	9:41	8.9	9:54	10.6	3:27	-0.2	3:34	0.7	5:32	8:02	
4	Sun	10:37	9.1	10:49	10.7	4:24	-0.4	4:31	0.5	5:33	8:00	
5	Mon	11:29	9.4	11:40	10.7	5:16	-0.6	5:24	0.3	5:34	7:59	
6	Tue			12:17	9.5	6:04	-0.6	6:13	0.2	5:36	7:58	
7	Wed	12:28	10.6	1:02	9.6	6:48	-0.5	7:00	0.2	5:37	7:56	
8	Thu	1:13	10.3	1:43	9.7	7:29	-0.3	7:44	0.3	5:38	7:55	
9	Fri	1:56	9.9	2:23	9.6	8:08	0.1	8:28	0.5	5:39	7:54	
10	Sat	2:39	9.5	3:03	9.4	8:47	0.5	9:13	0.8	5:40	7:52	
11	Sun	3:23	9.0	3:45	9.2	9:27	0.9	9:59	1.1	5:41	7:51	
12	Mon	4:10	8.5	4:29	9.0	10:10	1.3	10:48	1.3	5:42	7:49	
13	Tue	5:00	8.1	5:17	8.9	10:55	1.7	11:41	1.5	5:43	7:48	
14	Wed	5:54	7.7	6:09	8.7	11:45	2.0			5:44	7:46	
15	Thu	6:51	7.5	7:05	8.7	12:37	1.7	12:39	2.2	5:46	7:45	
16	Fri	7:51	7.5	8:02	8.9	1:38	1.6	1:37	2.2	5:47	7:43	
17	Sat	8:47	7.7	8:56	9.2	2:35	1.4	2:33	1.9	5:48	7:42	
18	Sun	9:37	8.1	9:44	9.6	3:26	1.0	3:24	1.5	5:49	7:40	
19	Mon	10:22	8.5	10:29	10.0	4:10	0.5	4:11	1.1	5:50	7:39	
20	Tue	11:04	9.0	11:13	10.4	4:51	0.0	4:56	0.5	5:51	7:37	
21	Wed	11:45	9.6	11:57	10.6	5:32	-0.4	5:41	0.0	5:52	7:35	
22	Thu			12:26	10.1	6:12	-0.7	6:27	-0.4	5:53	7:34	
23	Fri	12:42	10.7	1:08	10.5	6:54	-0.9	7:14	-0.7	5:55	7:32	
24	Sat	1:27	10.7	1:51	10.7	7:37	-0.9	8:02	-0.8	5:56	7:30	
25	Sun	2:15	10.4	2:37	10.8	8:22	-0.7	8:54	-0.8	5:57	7:29	
26	Mon	3:07	10.0	3:28	10.7	9:12	-0.3	9:50	-0.5	5:58	7:27	
27	Tue	4:04	9.5	4:25	10.5	10:06	0.1	10:50	-0.2	5:59	7:25	
28	Wed	5:07	9.1	5:27	10.2	11:05	0.6	11:56	0.1	6:00	7:24	
29	Thu	6:13	8.7	6:33	10.0			12:09	0.9	6:01	7:22	
30	Fri	7:23	8.6	7:42	10.0	1:05	0.3	1:17	1.1	6:02	7:20	
31	Sat	8:31	8.7	8:48	10.0	2:15	0.3	2:27	1.0	6:03	7:18	