
































## Fore River, Portland, ME - Jul 2048

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	3:45	10.3	4:23	10.0	10:02	-0.4	10:31	0.4	5:04	8:26	
2	Thu	4:43	9.6	5:18	9.8	10:55	0.1	11:31	0.7	5:04	8:26	
3	Fri	5:41	9.0	6:11	9.6	11:48	0.7			5:05	8:26	
4	Sat	6:40	8.6	7:06	9.5	12:31	0.9	12:43	1.2	5:05	8:25	
5	Sun	7:41	8.2	8:00	9.4	1:33	1.0	1:39	1.5	5:06	8:25	
6	Mon	8:39	8.1	8:53	9.4	2:32	1.0	2:34	1.7	5:07	8:25	
7	Tue	9:32	8.1	9:41	9.5	3:25	0.9	3:25	1.7	5:07	8:24	
8	Wed	10:20	8.2	10:26	9.6	4:13	0.7	4:10	1.6	5:08	8:24	
9	Thu	11:05	8.3	11:07	9.7	4:56	0.5	4:52	1.5	5:09	8:23	
10	Fri	11:46	8.5	11:47	9.8	5:36	0.4	5:32	1.4	5:10	8:23	
11	Sat			12:25	8.6	6:12	0.3	6:10	1.3	5:11	8:22	
12	Sun	12:25	9.9	1:01	8.8	6:47	0.2	6:47	1.2	5:11	8:22	
13	Mon	1:01	9.9	1:36	8.9	7:20	0.1	7:25	1.1	5:12	8:21	
14	Tue	1:37	9.9	2:11	9.1	7:55	0.0	8:04	0.9	5:13	8:20	
15	Wed	2:14	9.7	2:46	9.3	8:31	0.0	8:46	0.8	5:14	8:20	
16	Thu	2:55	9.6	3:26	9.5	9:10	0.1	9:32	0.7	5:15	8:19	
17	Fri	3:40	9.4	4:10	9.7	9:53	0.2	10:23	0.6	5:16	8:18	
18	Sat	4:30	9.1	4:58	9.9	10:40	0.4	11:17	0.5	5:17	8:17	
19	Sun	5:26	8.9	5:51	10.1	11:31	0.5			5:18	8:17	
20	Mon	6:26	8.8	6:50	10.3	12:16	0.4	12:28	0.6	5:19	8:16	
21	Tue	7:32	8.7	7:53	10.5	1:20	0.2	1:30	0.6	5:20	8:15	
22	Wed	8:39	8.9	8:56	10.8	2:26	-0.1	2:35	0.5	5:21	8:14	
23	Thu	9:42	9.2	9:57	11.2	3:29	-0.6	3:37	0.2	5:22	8:13	
24	Fri	10:41	9.5	10:55	11.4	4:27	-1.0	4:36	-0.1	5:23	8:12	
25	Sat	11:37	9.9	11:51	11.5	5:22	-1.3	5:32	-0.4	5:24	8:11	
26	Sun			12:30	10.2	6:15	-1.4	6:27	-0.5	5:25	8:10	
27	Mon	12:44	11.4	1:21	10.3	7:05	-1.3	7:21	-0.5	5:26	8:09	
28	Tue	1:36	11.1	2:10	10.3	7:53	-1.1	8:13	-0.3	5:27	8:08	
29	Wed	2:27	10.6	2:58	10.2	8:40	-0.6	9:06	0.0	5:28	8:07	
30	Thu	3:18	10.0	3:48	10.0	9:28	-0.1	10:00	0.3	5:29	8:05	
31	Fri	4:12	9.3	4:39	9.7	10:18	0.5	10:56	0.7	5:30	8:04	