

































Fore River, Portland, ME - Jan 2049

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	7:50	10.4	8:32	9.1	1:32	0.4	2:20	-0.6	7:14	4:15	
2	Sat	8:44	11.0	9:32	9.5	2:26	0.0	3:14	-1.2	7:14	4:16	
3	Sun	9:44	11.4	10:26	9.9	3:26	-0.4	4:08	-1.7	7:14	4:17	
4	Mon	10:38	11.7	11:20	10.2	4:20	-0.8	5:02	-2.0	7:14	4:18	
5	Tue	11:32	11.8			5:14	-1.0	5:56	-2.1	7:14	4:19	
6	Wed	12:14	10.4	12:26	11.6	6:08	-1.1	6:44	-1.9	7:14	4:20	
7	Thu	1:02	10.5	1:20	11.1	7:02	-0.9	7:38	-1.5	7:13	4:21	
8	Fri	1:56	10.4	2:14	10.5	8:02	-0.7	8:32	-1.0	7:13	4:22	
9	Sat	2:50	10.2	3:14	9.8	8:56	-0.3	9:26	-0.4	7:13	4:23	
10	Sun	3:44	9.9	4:14	9.2	10:02	0.1	10:20	0.3	7:13	4:24	
11	Mon	4:44	9.6	5:14	8.6	11:02	0.4	11:20	0.8	7:12	4:25	
12	Tue	5:44	9.4	6:20	8.2			12:08	0.6	7:12	4:26	
13	Wed	6:38	9.2	7:20	8.1	12:20	1.2	1:08	0.7	7:11	4:28	
14	Thu	7:38	9.2	8:20	8.1	1:20	1.4	2:08	0.6	7:11	4:29	
15	Fri	8:26	9.3	9:08	8.2	2:14	1.4	2:56	0.4	7:10	4:30	
16	Sat	9:14	9.4	9:50	8.4	3:02	1.3	3:44	0.2	7:10	4:31	
17	Sun	9:56	9.6	10:32	8.5	3:44	1.1	4:26	0.1	7:09	4:32	
18	Mon	10:38	9.7	11:08	8.7	4:26	0.9	5:02	0.0	7:09	4:34	
19	Tue	11:14	9.7	11:44	8.8	5:02	0.8	5:32	-0.1	7:08	4:35	
20	Wed	11:50	9.7			5:38	0.7	6:02	-0.1	7:07	4:36	
21	Thu	12:20	8.9	12:20	9.6	6:08	0.6	6:38	-0.1	7:07	4:38	
22	Fri	12:50	9.0	12:56	9.5	6:44	0.6	7:08	0.0	7:06	4:39	
23	Sat	1:26	9.1	1:32	9.3	7:26	0.5	7:44	0.1	7:05	4:40	
24	Sun	2:02	9.2	2:14	9.0	8:08	0.5	8:26	0.3	7:04	4:41	
25	Mon	2:38	9.3	3:02	8.8	8:56	0.5	9:14	0.4	7:03	4:43	
26	Tue	3:26	9.4	3:56	8.5	9:44	0.5	10:02	0.6	7:02	4:44	
27	Wed	4:20	9.5	4:56	8.3	10:44	0.5	10:56	0.7	7:01	4:46	
28	Thu	5:20	9.6	6:02	8.3	11:50	0.3			7:00	4:47	
29	Fri	6:20	9.9	7:08	8.5	12:02	0.7	12:56	0.0	6:59	4:48	
30	Sat	7:26	10.2	8:14	8.9	1:08	0.5	2:02	-0.5	6:58	4:50	
31	Sun	8:32	10.7	9:14	9.4	2:14	0.1	3:02	-1.1	6:57	4:51	