

































Fore River, Portland, ME - Jan 2051

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	1:36	9.1	1:44	9.5	7:33	0.7	8:02	0.1	7:14	4:14	
2	Mon	2:19	8.9	2:29	9.1	8:18	1.0	8:44	0.5	7:14	4:15	
3	Tue	3:04	8.8	3:17	8.6	9:06	1.2	9:28	0.8	7:14	4:16	
4	Wed	3:50	8.7	4:08	8.2	9:57	1.4	10:14	1.2	7:14	4:17	
5	Thu	4:38	8.6	5:02	7.9	10:50	1.5	11:03	1.4	7:14	4:18	
6	Fri	5:28	8.6	5:59	7.8	11:46	1.5	11:55	1.6	7:14	4:19	
7	Sat	6:21	8.7	6:57	7.8			12:44	1.3	7:14	4:20	
8	Sun	7:13	8.9	7:52	7.9	12:49	1.5	1:39	1.0	7:13	4:21	
9	Mon	8:03	9.3	8:41	8.3	1:42	1.4	2:29	0.5	7:13	4:22	
10	Tue	8:49	9.7	9:27	8.6	2:31	1.0	3:14	0.0	7:13	4:24	
11	Wed	9:34	10.2	10:12	9.0	3:17	0.6	3:58	-0.5	7:12	4:25	
12	Thu	10:19	10.6	10:56	9.4	4:02	0.2	4:41	-1.0	7:12	4:26	
13	Fri	11:04	10.9	11:40	9.8	4:48	-0.2	5:25	-1.3	7:12	4:27	
14	Sat	11:50	11.1			5:35	-0.6	6:10	-1.5	7:11	4:28	
15	Sun	12:25	10.1	12:37	11.1	6:24	-0.8	6:56	-1.6	7:11	4:29	
16	Mon	1:12	10.3	1:27	10.8	7:14	-0.8	7:44	-1.4	7:10	4:31	
17	Tue	2:01	10.4	2:21	10.4	8:08	-0.7	8:35	-1.1	7:10	4:32	
18	Wed	2:55	10.3	3:20	9.9	9:06	-0.5	9:30	-0.6	7:09	4:33	
19	Thu	3:53	10.2	4:23	9.4	10:08	-0.3	10:29	-0.2	7:08	4:34	
20	Fri	4:53	10.0	5:29	9.0	11:13	-0.1	11:31	0.3	7:08	4:36	
21	Sat	5:57	9.9	6:38	8.8			12:23	0.0	7:07	4:37	
22	Sun	7:02	9.9	7:45	8.7	12:38	0.5	1:31	-0.1	7:06	4:38	
23	Mon	8:04	10.0	8:45	8.9	1:43	0.5	2:32	-0.3	7:05	4:40	
24	Tue	9:00	10.2	9:38	9.1	2:42	0.4	3:26	-0.5	7:05	4:41	
25	Wed	9:50	10.3	10:26	9.2	3:34	0.3	4:14	-0.7	7:04	4:42	
26	Thu	10:37	10.3	11:10	9.3	4:22	0.2	4:58	-0.7	7:03	4:44	
27	Fri	11:20	10.2	11:51	9.3	5:06	0.2	5:39	-0.6	7:02	4:45	
28	Sat			12:00	10.0	5:47	0.2	6:16	-0.4	7:01	4:46	
29	Sun	12:29	9.3	12:38	9.8	6:26	0.3	6:51	-0.2	7:00	4:48	
30	Mon	1:05	9.2	1:16	9.4	7:05	0.4	7:26	0.1	6:59	4:49	
31	Tue	1:41	9.1	1:55	9.0	7:44	0.6	8:03	0.4	6:58	4:50	