US HARBORS www.USHarbors.com

Fore River, Portland, ME - Jan 2051

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	**1:36**	9.1	**1:44**	9.5	**7:33**	0.7	**8:02**	0.1	7:14	4:14	
2	Mon	**2:19**	8.9	**2:29**	9.1	**8:18**	1.0	**8:44**	0.5	7:14	4:15	
3	Tue	**3:04**	8.8	**3:17**	8.6	**9:06**	1.2	**9:28**	0.8	7:14	4:16	
4	Wed	**3:50**	8.7	**4:08**	8.2	**9:57**	1.4	**10:14**	1.2	7:14	4:17	
5	Thu	**4:38**	8.6	**5:02**	7.9	**10:50**	1.5	**11:03**	1.4	7:14	4:18	
6	Fri	**5:28**	8.6	**5:59**	7.8	**11:46**	1.5	**11:55**	1.6	7:14	4:19	
7	Sat	**6:21**	8.7	**6:57**	7.8			**12:44**	1.3	7:14	4:20	
8	Sun	**7:13**	8.9	**7:52**	7.9	**12:49**	1.5	**1:39**	1.0	7:13	4:21	
9	Mon	**8:03**	9.3	**8:41**	8.3	**1:42**	1.4	**2:29**	0.5	7:13	4:22	
10	Tue	**8:49**	9.7	**9:27**	8.6	**2:31**	1.0	**3:14**	0.0	7:13	4:24	
11	Wed	**9:34**	10.2	**10:12**	9.0	**3:17**	0.6	**3:58**	-0.5	7:12	4:25	
12	Thu	**10:19**	10.6	**10:56**	9.4	**4:02**	0.2	**4:41**	-1.0	7:12	4:26	
13	Fri	**11:04**	10.9	**11:40**	9.8	**4:48**	-0.2	**5:25**	-1.3	7:12	4:27	
14	Sat	**11:50**	11.1			**5:35**	-0.6	**6:10**	-1.5	7:11	4:28	
15	Sun	**12:25**	10.1	**12:37**	11.1	**6:24**	-0.8	**6:56**	-1.6	7:11	4:29	
16	Mon	**1:12**	10.3	**1:27**	10.8	**7:14**	-0.8	**7:44**	-1.4	7:10	4:31	
17	Tue	**2:01**	10.4	**2:21**	10.4	**8:08**	-0.7	**8:35**	-1.1	7:10	4:32	
18	Wed	**2:55**	10.3	**3:20**	9.9	**9:06**	-0.5	**9:30**	-0.6	7:09	4:33	
19	Thu	**3:53**	10.2	**4:23**	9.4	**10:08**	-0.3	**10:29**	-0.2	7:08	4:34	
20	Fri	**4:53**	10.0	**5:29**	9.0	**11:13**	-0.1	**11:31**	0.3	7:08	4:36	
21	Sat	**5:57**	9.9	**6:38**	8.8			**12:23**	0.0	7:07	4:37	
22	Sun	**7:02**	9.9	**7:45**	8.7	**12:38**	0.5	**1:31**	-0.1	7:06	4:38	
23	Mon	**8:04**	10.0	**8:45**	8.9	**1:43**	0.5	**2:32**	-0.3	7:05	4:40	
24	Tue	**9:00**	10.2	**9:38**	9.1	**2:42**	0.4	**3:26**	-0.5	7:05	4:41	
25	Wed	**9:50**	10.3	**10:26**	9.2	**3:34**	0.3	**4:14**	-0.7	7:04	4:42	
26	Thu	**10:37**	10.3	**11:10**	9.3	**4:22**	0.2	**4:58**	-0.7	7:03	4:44	
27	Fri	**11:20**	10.2	**11:51**	9.3	**5:06**	0.2	**5:39**	-0.6	7:02	4:45	
28	Sat			**12:00**	10.0	**5:47**	0.2	**6:16**	-0.4	7:01	4:46	
29	Sun	**12:29**	9.3	**12:38**	9.8	**6:26**	0.3	**6:51**	-0.2	7:00	4:48	
30	Mon	**1:05**	9.2	**1:16**	9.4	**7:05**	0.4	**7:26**	0.1	6:59	4:49	
31	Tue	**1:41**	9.1	**1:55**	9.0	**7:44**	0.6	**8:03**	0.4	6:58	4:50	