

Fore River, Portland, ME - Mar 2053

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	7:48	10.2	8:30	9.3	1:26	0.3	2:14	-0.6	6:16	5:30	
2	Sun	8:49	10.5	9:26	9.8	2:30	-0.1	3:11	-1.0	6:14	5:31	
3	Mon	9:45	10.8	10:18	10.2	3:28	-0.5	4:03	-1.3	6:12	5:32	
4	Tue	10:37	10.9	11:06	10.4	4:21	-0.9	4:52	-1.4	6:11	5:34	
5	Wed	11:26	10.9	11:52	10.5	5:11	-1.1	5:38	-1.3	6:09	5:35	
6	Thu			12:13	10.6	5:58	-1.0	6:22	-1.0	6:07	5:36	
7	Fri	12:35	10.4	12:58	10.2	6:44	-0.9	7:04	-0.5	6:06	5:37	
8	Sat	1:17	10.2	1:43	9.7	7:29	-0.5	7:46	0.0	6:04	5:39	
9	Sun	3:00	9.8	3:30	9.1	9:15	-0.1	9:31	0.6	7:02	6:40	
10	Mon	3:46	9.4	4:20	8.6	10:04	0.4	10:18	1.1	7:00	6:41	
11	Tue	4:35	9.0	5:13	8.1	10:56	0.8	11:09	1.5	6:58	6:42	
12	Wed	5:27	8.7	6:10	7.8	11:51	1.2			6:57	6:44	
13	Thu	6:24	8.5	7:10	7.7	12:04	1.8	12:51	1.3	6:55	6:45	
14	Fri	7:24	8.4	8:09	7.8	1:04	1.9	1:52	1.3	6:53	6:46	
15	Sat	8:22	8.6	9:02	8.1	2:05	1.8	2:48	1.1	6:51	6:47	
16	Sun	9:14	8.9	9:48	8.5	2:59	1.5	3:35	0.8	6:50	6:49	
17	Mon	10:00	9.2	10:30	8.9	3:46	1.1	4:16	0.4	6:48	6:50	
18	Tue	10:42	9.6	11:08	9.4	4:28	0.6	4:54	0.0	6:46	6:51	
19	Wed	11:23	9.9	11:45	9.8	5:08	0.1	5:31	-0.3	6:44	6:52	
20	Thu			12:02	10.1	5:48	-0.3	6:08	-0.5	6:42	6:53	
21	Fri	12:22	10.2	12:43	10.2	6:29	-0.7	6:47	-0.7	6:41	6:55	
22	Sat	1:00	10.4	1:24	10.2	7:11	-1.0	7:28	-0.7	6:39	6:56	
23	Sun	1:40	10.6	2:09	10.1	7:55	-1.1	8:12	-0.5	6:37	6:57	
24	Mon	2:24	10.6	2:57	9.8	8:43	-1.0	9:00	-0.3	6:35	6:58	
25	Tue	3:13	10.5	3:52	9.5	9:36	-0.8	9:54	0.1	6:33	6:59	
26	Wed	4:09	10.3	4:53	9.2	10:34	-0.5	10:53	0.4	6:32	7:01	
27	Thu	5:11	10.0	5:59	8.9	11:38	-0.2	11:58	0.7	6:30	7:02	
28	Fri	6:19	9.8	7:08	8.9			12:46	-0.1	6:28	7:03	
29	Sat	7:30	9.8	8:16	9.2	1:08	0.7	1:55	-0.1	6:26	7:04	
30	Sun	8:38	9.9	9:17	9.5	2:19	0.5	3:00	-0.3	6:24	7:05	
31	Mon	9:39	10.1	10:11	9.9	3:23	0.1	3:56	-0.5	6:23	7:07	