

Fore River, Portland, ME - Aug 2053

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	12:44	9.9	1:16	9.1	7:01	0.1	7:07	0.9	5:31	8:03	
2	Sat	1:19	9.8	1:50	9.2	7:34	0.1	7:44	0.8	5:32	8:02	
3	Sun	1:55	9.8	2:24	9.3	8:09	0.1	8:23	0.8	5:33	8:01	
4	Mon	2:33	9.6	3:01	9.4	8:46	0.1	9:06	0.7	5:34	8:00	
5	Tue	3:15	9.4	3:43	9.5	9:27	0.2	9:53	0.6	5:35	7:58	
6	Wed	4:01	9.3	4:29	9.7	10:12	0.3	10:44	0.6	5:36	7:57	
7	Thu	4:54	9.1	5:20	9.8	11:02	0.4	11:40	0.4	5:37	7:56	
8	Fri	5:51	8.9	6:16	10.0	11:56	0.5			5:38	7:54	
9	Sat	6:53	8.9	7:17	10.3	12:41	0.3	12:56	0.5	5:39	7:53	
10	Sun	7:59	9.0	8:21	10.6	1:45	0.0	1:59	0.3	5:41	7:51	
11	Mon	9:03	9.4	9:22	11.0	2:49	-0.4	3:02	0.0	5:42	7:50	
12	Tue	10:03	9.8	10:21	11.4	3:49	-0.9	4:01	-0.4	5:43	7:48	
13	Wed	11:00	10.2	11:17	11.6	4:45	-1.3	4:58	-0.7	5:44	7:47	
14	Thu	11:54	10.5			5:39	-1.6	5:54	-0.9	5:45	7:45	
15	Fri	12:12	11.6	12:46	10.7	6:31	-1.6	6:48	-1.0	5:46	7:44	
16	Sat	1:05	11.4	1:37	10.8	7:20	-1.5	7:41	-0.9	5:47	7:42	
17	Sun	1:56	11.1	2:26	10.6	8:10	-1.1	8:33	-0.6	5:48	7:41	
18	Mon	2:48	10.5	3:17	10.4	8:59	-0.6	9:28	-0.2	5:50	7:39	
19	Tue	3:42	9.9	4:09	10.0	9:50	0.0	10:24	0.2	5:51	7:38	
20	Wed	4:38	9.3	5:03	9.7	10:43	0.6	11:22	0.6	5:52	7:36	
21	Thu	5:36	8.8	5:58	9.4	11:37	1.1			5:53	7:34	
22	Fri	6:35	8.4	6:55	9.2	12:22	1.0	12:34	1.5	5:54	7:33	
23	Sat	7:34	8.2	7:52	9.1	1:23	1.1	1:33	1.7	5:55	7:31	
24	Sun	8:32	8.2	8:46	9.2	2:22	1.1	2:30	1.6	5:56	7:30	
25	Mon	9:24	8.3	9:35	9.4	3:15	0.9	3:21	1.5	5:57	7:28	
26	Tue	10:10	8.6	10:20	9.6	4:01	0.7	4:06	1.3	5:59	7:26	
27	Wed	10:52	8.8	11:01	9.7	4:42	0.5	4:47	1.0	6:00	7:24	
28	Thu	11:31	9.0	11:39	9.9	5:19	0.3	5:25	0.8	6:01	7:23	
29	Fri			12:07	9.3	5:54	0.2	6:02	0.6	6:02	7:21	
30	Sat	12:17	9.9	12:42	9.5	6:27	0.0	6:39	0.4	6:03	7:19	
31	Sun	12:53	9.9	1:15	9.6	7:01	0.0	7:17	0.2	6:04	7:18	