

Fore River, Portland, ME - Jan 2054

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	4:40	9.8	5:05	9.4	10:51	0.2	11:17	0.0	7:14	4:15	
2	Fri	5:41	9.7	6:11	9.0	11:58	0.3			7:14	4:16	
3	Sat	6:41	9.7	7:15	8.8	12:18	0.4	1:04	0.3	7:14	4:17	
4	Sun	7:38	9.7	8:14	8.7	1:19	0.6	2:04	0.1	7:14	4:18	
5	Mon	8:31	9.8	9:07	8.7	2:14	0.7	2:56	0.0	7:14	4:19	
6	Tue	9:18	9.9	9:54	8.8	3:04	0.8	3:43	-0.2	7:14	4:20	
7	Wed	10:01	9.9	10:37	8.8	3:48	0.8	4:26	-0.2	7:14	4:21	
8	Thu	10:41	9.9	11:17	8.8	4:29	0.8	5:05	-0.2	7:13	4:22	
9	Fri	11:19	9.9	11:54	8.8	5:07	0.8	5:41	-0.2	7:13	4:23	
10	Sat	11:56	9.8			5:43	0.8	6:15	-0.1	7:13	4:24	
11	Sun	12:30	8.8	12:31	9.7	6:19	0.8	6:49	0.0	7:12	4:25	
12	Mon	1:05	8.8	1:06	9.5	6:55	0.9	7:23	0.1	7:12	4:26	
13	Tue	1:40	8.7	1:44	9.2	7:34	1.0	8:00	0.3	7:12	4:27	
14	Wed	2:17	8.7	2:24	9.0	8:15	1.1	8:40	0.4	7:11	4:28	
15	Thu	2:57	8.7	3:09	8.7	9:01	1.1	9:23	0.6	7:11	4:30	
16	Fri	3:41	8.8	3:59	8.5	9:50	1.1	10:10	0.7	7:10	4:31	
17	Sat	4:29	8.9	4:54	8.4	10:44	1.0	11:01	0.8	7:09	4:32	
18	Sun	5:21	9.1	5:54	8.3	11:42	0.7	11:57	0.8	7:09	4:33	
19	Mon	6:18	9.5	6:57	8.5			12:44	0.4	7:08	4:35	
20	Tue	7:18	9.9	7:59	8.9	12:57	0.6	1:45	-0.2	7:07	4:36	
21	Wed	8:16	10.5	8:57	9.3	1:57	0.2	2:43	-0.9	7:07	4:37	
22	Thu	9:11	11.0	9:52	9.8	2:53	-0.3	3:38	-1.5	7:06	4:39	
23	Fri	10:06	11.5	10:46	10.2	3:48	-0.8	4:31	-1.9	7:05	4:40	
24	Sat	11:00	11.7	11:38	10.5	4:43	-1.1	5:23	-2.2	7:04	4:41	
25	Sun	11:54	11.8			5:37	-1.3	6:14	-2.2	7:03	4:43	
26	Mon	12:30	10.7	12:47	11.5	6:30	-1.3	7:05	-2.0	7:03	4:44	
27	Tue	1:22	10.6	1:41	11.0	7:25	-1.1	7:57	-1.5	7:02	4:45	
28	Wed	2:15	10.4	2:37	10.4	8:22	-0.8	8:51	-0.9	7:01	4:47	
29	Thu	3:11	10.2	3:37	9.7	9:22	-0.4	9:47	-0.3	7:00	4:48	
30	Fri	4:09	9.8	4:39	9.1	10:24	0.0	10:45	0.3	6:59	4:49	
31	Sat	5:08	9.5	5:43	8.6	11:29	0.4	11:46	0.8	6:58	4:51	