

Fore River, Portland, ME - Mar 2054

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	4:31	9.3	5:11	8.4	10:55	0.5	11:11	1.2	6:16	5:29	
2	Mon	5:31	9.0	6:15	8.1	11:59	0.8			6:15	5:31	
3	Tue	6:32	8.8	7:17	8.0	12:14	1.5	1:03	0.9	6:13	5:32	
4	Wed	7:32	8.8	8:12	8.2	1:17	1.6	2:01	0.8	6:11	5:33	
5	Thu	8:25	9.0	9:01	8.4	2:13	1.4	2:51	0.6	6:09	5:35	
6	Fri	9:12	9.2	9:43	8.7	3:00	1.1	3:34	0.4	6:08	5:36	
7	Sat	9:54	9.4	10:22	8.9	3:42	0.8	4:11	0.2	6:06	5:37	
8	Sun	11:33	9.6	11:58	9.2	5:21	0.6	5:46	0.0	7:04	6:38	
9	Mon			12:09	9.7	5:56	0.3	6:18	0.0	7:02	6:40	
10	Tue	12:32	9.4	12:44	9.7	6:31	0.2	6:50	-0.1	7:01	6:41	
11	Wed	1:03	9.5	1:18	9.6	7:06	0.0	7:23	0.0	6:59	6:42	
12	Thu	1:35	9.6	1:54	9.5	7:42	-0.1	7:58	0.0	6:57	6:43	
13	Fri	2:09	9.7	2:32	9.3	8:21	-0.1	8:36	0.2	6:55	6:45	
14	Sat	2:47	9.7	3:15	9.1	9:04	-0.1	9:19	0.4	6:54	6:46	
15	Sun	3:30	9.7	4:04	8.9	9:52	0.0	10:08	0.6	6:52	6:47	
16	Mon	4:21	9.6	5:01	8.6	10:47	0.1	11:03	0.8	6:50	6:48	
17	Tue	5:19	9.6	6:03	8.6	11:47	0.2			6:48	6:49	
18	Wed	6:23	9.6	7:12	8.7	12:05	0.8	12:52	0.1	6:46	6:51	
19	Thu	7:32	9.8	8:20	9.0	1:12	0.7	2:00	-0.2	6:45	6:52	
20	Fri	8:40	10.2	9:22	9.6	2:20	0.3	3:04	-0.6	6:43	6:53	
21	Sat	9:42	10.6	10:18	10.1	3:24	-0.2	4:02	-1.0	6:41	6:54	
22	Sun	10:39	11.0	11:10	10.7	4:22	-0.8	4:54	-1.4	6:39	6:56	
23	Mon	11:33	11.1	11:59	11.0	5:16	-1.3	5:44	-1.5	6:37	6:57	
24	Tue			12:24	11.1	6:08	-1.6	6:33	-1.5	6:36	6:58	
25	Wed	12:47	11.1	1:14	10.9	6:58	-1.6	7:19	-1.2	6:34	6:59	
26	Thu	1:33	11.0	2:03	10.5	7:47	-1.4	8:05	-0.7	6:32	7:00	
27	Fri	2:19	10.7	2:52	9.9	8:36	-1.0	8:53	-0.1	6:30	7:02	
28	Sat	3:07	10.2	3:44	9.3	9:27	-0.5	9:42	0.6	6:28	7:03	
29	Sun	3:57	9.7	4:39	8.7	10:20	0.1	10:36	1.2	6:27	7:04	
30	Mon	4:52	9.2	5:37	8.3	11:17	0.6	11:33	1.6	6:25	7:05	
31	Tue	5:49	8.8	6:36	8.1			12:17	1.0	6:23	7:06	