

Fore River, Portland, ME - Jul 2054

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	8:08	8.5	8:28	9.8	1:57	1.0	2:06	1.0	5:03	8:26	
2	Thu	9:03	8.7	9:18	10.3	2:52	0.5	2:59	0.8	5:04	8:26	
3	Fri	9:56	9.0	10:08	10.7	3:44	-0.1	3:50	0.4	5:05	8:26	
4	Sat	10:47	9.4	10:58	11.2	4:34	-0.6	4:41	0.1	5:05	8:25	
5	Sun	11:39	9.8	11:49	11.5	5:24	-1.1	5:33	-0.2	5:06	8:25	
6	Mon			12:31	10.1	6:15	-1.5	6:25	-0.4	5:06	8:25	
7	Tue	12:42	11.6	1:23	10.3	7:06	-1.7	7:19	-0.5	5:07	8:24	
8	Wed	1:35	11.6	2:16	10.4	7:58	-1.7	8:14	-0.5	5:08	8:24	
9	Thu	2:29	11.4	3:11	10.4	8:51	-1.5	9:12	-0.4	5:09	8:23	
10	Fri	3:27	10.9	4:08	10.4	9:46	-1.2	10:13	-0.2	5:09	8:23	
11	Sat	4:28	10.4	5:07	10.3	10:43	-0.7	11:16	0.0	5:10	8:22	
12	Sun	5:30	9.9	6:06	10.2	11:41	-0.2			5:11	8:22	
13	Mon	6:34	9.4	7:05	10.1	12:20	0.2	12:41	0.2	5:12	8:21	
14	Tue	7:39	9.1	8:04	10.1	1:26	0.3	1:42	0.6	5:13	8:21	
15	Wed	8:42	8.9	9:01	10.1	2:30	0.2	2:41	0.8	5:14	8:20	
16	Thu	9:39	8.9	9:52	10.1	3:28	0.1	3:36	0.9	5:14	8:19	
17	Fri	10:31	8.9	10:40	10.1	4:20	0.0	4:25	0.9	5:15	8:19	
18	Sat	11:18	8.9	11:24	10.1	5:07	0.0	5:10	1.0	5:16	8:18	
19	Sun			12:01	8.9	5:50	-0.1	5:52	1.0	5:17	8:17	
20	Mon	12:05	10.1	12:42	8.9	6:29	0.0	6:32	1.0	5:18	8:16	
21	Tue	12:44	10.0	1:20	9.0	7:06	0.0	7:09	1.1	5:19	8:15	
22	Wed	1:21	9.8	1:56	9.0	7:41	0.1	7:47	1.1	5:20	8:14	
23	Thu	1:58	9.7	2:32	8.9	8:15	0.3	8:25	1.2	5:21	8:13	
24	Fri	2:36	9.4	3:09	8.9	8:51	0.4	9:06	1.3	5:22	8:12	
25	Sat	3:15	9.2	3:48	9.0	9:29	0.6	9:49	1.3	5:23	8:11	
26	Sun	3:58	8.9	4:29	9.0	10:09	0.8	10:36	1.3	5:24	8:10	
27	Mon	4:44	8.7	5:13	9.1	10:53	0.9	11:25	1.2	5:25	8:09	
28	Tue	5:35	8.5	6:01	9.3	11:40	1.0			5:26	8:08	
29	Wed	6:29	8.4	6:53	9.5	12:19	1.1	12:31	1.1	5:27	8:07	
30	Thu	7:28	8.5	7:49	9.9	1:17	0.8	1:27	1.0	5:28	8:06	
31	Fri	8:29	8.7	8:46	10.3	2:16	0.4	2:26	0.7	5:29	8:05	