

Fore River, Portland, ME - Jan 2055

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	1:06	8.9	1:08	9.7	6:57	0.9	7:30	0.0	7:14	4:15	
2	Sat	1:47	8.7	1:50	9.3	7:39	1.1	8:10	0.3	7:14	4:15	
3	Sun	2:29	8.6	2:34	9.0	8:23	1.3	8:52	0.6	7:14	4:16	
4	Mon	3:13	8.5	3:21	8.6	9:10	1.5	9:36	0.9	7:14	4:17	
5	Tue	3:59	8.4	4:11	8.3	10:01	1.6	10:22	1.1	7:14	4:18	
6	Wed	4:46	8.4	5:05	8.0	10:53	1.6	11:10	1.3	7:14	4:19	
7	Thu	5:35	8.5	6:01	7.9	11:49	1.5			7:14	4:20	
8	Fri	6:27	8.8	6:59	8.0	12:01	1.4	12:46	1.2	7:13	4:21	
9	Sat	7:18	9.1	7:55	8.2	12:55	1.3	1:42	0.7	7:13	4:22	
10	Sun	8:07	9.6	8:45	8.5	1:47	1.1	2:32	0.2	7:13	4:24	
11	Mon	8:55	10.1	9:34	8.9	2:37	0.7	3:20	-0.4	7:12	4:25	
12	Tue	9:42	10.6	10:22	9.3	3:25	0.3	4:07	-1.0	7:12	4:26	
13	Wed	10:30	11.0	11:09	9.7	4:14	-0.2	4:55	-1.4	7:12	4:27	
14	Thu	11:19	11.3	11:58	10.0	5:03	-0.5	5:42	-1.7	7:11	4:28	
15	Fri			12:09	11.4	5:53	-0.7	6:31	-1.8	7:11	4:29	
16	Sat	12:47	10.2	1:00	11.3	6:45	-0.8	7:20	-1.7	7:10	4:31	
17	Sun	1:37	10.2	1:53	10.9	7:38	-0.7	8:12	-1.4	7:10	4:32	
18	Mon	2:31	10.2	2:51	10.4	8:36	-0.6	9:07	-1.0	7:09	4:33	
19	Tue	3:29	10.1	3:53	9.8	9:37	-0.3	10:05	-0.5	7:08	4:34	
20	Wed	4:28	10.0	4:58	9.3	10:42	-0.1	11:05	0.0	7:08	4:36	
21	Thu	5:30	9.9	6:05	8.9	11:49	0.1			7:07	4:37	
22	Fri	6:32	9.8	7:13	8.7	12:09	0.4	12:58	0.0	7:06	4:38	
23	Sat	7:34	9.8	8:15	8.7	1:13	0.6	2:02	-0.1	7:05	4:40	
24	Sun	8:30	9.9	9:10	8.8	2:13	0.6	2:58	-0.3	7:05	4:41	
25	Mon	9:21	10.0	10:00	8.9	3:06	0.6	3:48	-0.4	7:04	4:42	
26	Tue	10:08	10.1	10:45	9.0	3:54	0.5	4:33	-0.5	7:03	4:44	
27	Wed	10:51	10.0	11:26	9.0	4:38	0.5	5:14	-0.5	7:02	4:45	
28	Thu	11:31	10.0			5:18	0.5	5:51	-0.4	7:01	4:46	
29	Fri	12:04	9.0	12:08	9.8	5:56	0.5	6:27	-0.2	7:00	4:48	
30	Sat	12:40	9.0	12:45	9.6	6:33	0.6	7:00	0.0	6:59	4:49	
31	Sun	1:15	8.9	1:21	9.3	7:10	0.7	7:35	0.2	6:58	4:50	