

Fore River, Portland, ME - Jan 2056

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	9:47	9.8	10:25	8.6	3:31	1.0	4:11	-0.1	7:14	4:14	
2	Sun	10:26	10.0	11:05	8.8	4:11	0.8	4:50	-0.4	7:14	4:15	
3	Mon	11:06	10.3	11:45	9.0	4:51	0.6	5:30	-0.6	7:14	4:16	
4	Tue	11:47	10.4			5:33	0.4	6:10	-0.8	7:14	4:17	
5	Wed	12:25	9.1	12:29	10.5	6:16	0.3	6:53	-0.9	7:14	4:18	
6	Thu	1:08	9.3	1:14	10.5	7:02	0.2	7:37	-0.9	7:14	4:19	
7	Fri	1:53	9.4	2:03	10.3	7:51	0.2	8:26	-0.8	7:14	4:20	
8	Sat	2:43	9.5	2:58	10.0	8:46	0.2	9:18	-0.6	7:13	4:21	
9	Sun	3:38	9.6	3:57	9.6	9:45	0.2	10:13	-0.3	7:13	4:22	
10	Mon	4:35	9.7	5:01	9.3	10:47	0.2	11:11	0.0	7:13	4:23	
11	Tue	5:34	9.9	6:08	9.1	11:53	0.1			7:13	4:24	
12	Wed	6:36	10.0	7:16	9.0	12:12	0.2	1:01	-0.2	7:12	4:26	
13	Thu	7:38	10.3	8:19	9.1	1:16	0.2	2:05	-0.5	7:12	4:27	
14	Fri	8:35	10.5	9:17	9.3	2:16	0.2	3:03	-0.9	7:11	4:28	
15	Sat	9:29	10.7	10:11	9.4	3:12	0.1	3:57	-1.1	7:11	4:29	
16	Sun	10:21	10.8	11:01	9.4	4:04	0.0	4:47	-1.2	7:10	4:30	
17	Mon	11:09	10.7	11:48	9.4	4:54	0.0	5:34	-1.1	7:10	4:32	
18	Tue	11:55	10.6			5:41	0.1	6:18	-0.9	7:09	4:33	
19	Wed	12:33	9.3	12:40	10.2	6:26	0.2	7:01	-0.6	7:08	4:34	
20	Thu	1:15	9.2	1:23	9.8	7:11	0.5	7:42	-0.2	7:08	4:35	
21	Fri	1:58	9.0	2:07	9.4	7:55	0.7	8:24	0.2	7:07	4:37	
22	Sat	2:42	8.8	2:54	8.9	8:43	1.0	9:07	0.6	7:06	4:38	
23	Sun	3:27	8.6	3:43	8.4	9:32	1.3	9:52	1.0	7:06	4:39	
24	Mon	4:14	8.5	4:36	8.0	10:25	1.4	10:39	1.4	7:05	4:41	
25	Tue	5:03	8.4	5:32	7.7	11:20	1.5	11:30	1.6	7:04	4:42	
26	Wed	5:55	8.5	6:32	7.6			12:18	1.5	7:03	4:43	
27	Thu	6:49	8.6	7:30	7.7	12:25	1.7	1:17	1.2	7:02	4:45	
28	Fri	7:42	8.9	8:22	7.9	1:20	1.7	2:10	0.8	7:01	4:46	
29	Sat	8:30	9.3	9:10	8.2	2:11	1.4	2:57	0.4	7:00	4:47	
30	Sun	9:15	9.7	9:54	8.6	2:58	1.1	3:40	-0.1	6:59	4:49	
31	Mon	9:59	10.1	10:37	9.0	3:42	0.6	4:22	-0.6	6:58	4:50	