

Fore River, Portland, ME - Jul 2056

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	2:30	10.6	3:14	9.5	8:55	-0.6	9:09	0.7	5:04	8:26	
2	Sun	3:22	10.1	4:06	9.3	9:46	-0.2	10:04	1.0	5:04	8:26	
3	Mon	4:16	9.6	4:58	9.1	10:36	0.3	11:01	1.3	5:05	8:26	
4	Tue	5:10	9.1	5:49	9.0	11:26	0.7	11:57	1.5	5:05	8:25	
5	Wed	6:05	8.6	6:39	9.0			12:16	1.1	5:06	8:25	
6	Thu	7:02	8.3	7:30	9.0	12:54	1.5	1:07	1.4	5:07	8:25	
7	Fri	7:59	8.1	8:20	9.1	1:52	1.4	1:59	1.6	5:08	8:24	
8	Sat	8:53	8.1	9:07	9.3	2:47	1.3	2:48	1.7	5:08	8:24	
9	Sun	9:43	8.2	9:52	9.5	3:35	1.0	3:34	1.6	5:09	8:23	
10	Mon	10:29	8.3	10:34	9.7	4:20	0.7	4:17	1.5	5:10	8:23	
11	Tue	11:13	8.5	11:14	9.9	5:01	0.4	4:58	1.4	5:11	8:22	
12	Wed	11:55	8.6	11:54	10.1	5:40	0.2	5:38	1.2	5:11	8:22	
13	Thu			12:35	8.8	6:19	0.0	6:19	1.0	5:12	8:21	
14	Fri	12:34	10.2	1:14	9.0	6:58	-0.2	7:01	0.9	5:13	8:20	
15	Sat	1:14	10.3	1:53	9.2	7:37	-0.4	7:44	0.7	5:14	8:20	
16	Sun	1:57	10.4	2:35	9.4	8:19	-0.5	8:31	0.6	5:15	8:19	
17	Mon	2:42	10.3	3:20	9.6	9:03	-0.5	9:21	0.5	5:16	8:18	
18	Tue	3:32	10.1	4:10	9.8	9:51	-0.4	10:15	0.4	5:17	8:17	
19	Wed	4:26	9.9	5:02	10.0	10:41	-0.3	11:13	0.3	5:18	8:17	
20	Thu	5:25	9.6	5:57	10.2	11:35	-0.1			5:19	8:16	
21	Fri	6:27	9.3	6:55	10.3	12:14	0.2	12:32	0.2	5:20	8:15	
22	Sat	7:33	9.2	7:57	10.5	1:19	0.0	1:33	0.3	5:21	8:14	
23	Sun	8:39	9.2	8:57	10.7	2:25	-0.2	2:36	0.3	5:22	8:13	
24	Mon	9:41	9.3	9:55	10.9	3:27	-0.6	3:36	0.3	5:23	8:12	
25	Tue	10:38	9.5	10:50	11.1	4:24	-0.8	4:32	0.2	5:24	8:11	
26	Wed	11:33	9.6	11:43	11.1	5:18	-1.0	5:26	0.1	5:25	8:10	
27	Thu			12:24	9.7	6:09	-1.0	6:17	0.1	5:26	8:09	
28	Fri	12:34	11.0	1:13	9.7	6:58	-0.9	7:07	0.2	5:27	8:08	
29	Sat	1:21	10.7	1:59	9.6	7:43	-0.7	7:54	0.4	5:28	8:07	
30	Sun	2:08	10.3	2:43	9.5	8:27	-0.3	8:42	0.6	5:29	8:05	
31	Mon	2:54	9.9	3:28	9.3	9:11	0.1	9:30	0.9	5:30	8:04	