

Fore River, Portland, ME - Jan 2058

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	4:06	9.5	4:26	9.4	10:12	0.5	10:42	0.0	7:14	4:15	
2	Wed	5:05	9.4	5:30	8.9	11:17	0.6	11:40	0.5	7:14	4:16	
3	Thu	6:03	9.4	6:34	8.6			12:23	0.6	7:14	4:17	
4	Fri	7:00	9.4	7:35	8.4	12:39	0.9	1:25	0.5	7:14	4:18	
5	Sat	7:54	9.4	8:31	8.4	1:36	1.1	2:21	0.3	7:14	4:19	
6	Sun	8:42	9.5	9:20	8.4	2:27	1.2	3:10	0.2	7:14	4:20	
7	Mon	9:26	9.6	10:05	8.4	3:13	1.2	3:55	0.1	7:13	4:21	
8	Tue	10:08	9.7	10:46	8.5	3:55	1.2	4:35	0.0	7:13	4:22	
9	Wed	10:47	9.7	11:25	8.5	4:34	1.1	5:13	0.0	7:13	4:23	
10	Thu	11:24	9.7			5:11	1.1	5:48	0.0	7:13	4:24	
11	Fri	12:01	8.5	12:00	9.7	5:47	1.1	6:22	0.0	7:12	4:25	
12	Sat	12:36	8.5	12:35	9.6	6:22	1.1	6:56	0.1	7:12	4:26	
13	Sun	1:11	8.5	1:11	9.4	6:59	1.1	7:31	0.1	7:12	4:27	
14	Mon	1:46	8.5	1:49	9.3	7:39	1.1	8:08	0.3	7:11	4:29	
15	Tue	2:24	8.6	2:31	9.0	8:22	1.1	8:49	0.4	7:11	4:30	
16	Wed	3:05	8.7	3:18	8.8	9:09	1.1	9:33	0.5	7:10	4:31	
17	Thu	3:50	8.9	4:10	8.5	10:01	1.0	10:21	0.7	7:09	4:32	
18	Fri	4:39	9.1	5:08	8.4	10:57	0.8	11:14	0.8	7:09	4:33	
19	Sat	5:34	9.4	6:11	8.3	11:58	0.5			7:08	4:35	
20	Sun	6:33	9.7	7:17	8.5	12:12	0.8	1:03	0.1	7:07	4:36	
21	Mon	7:34	10.2	8:20	8.8	1:14	0.6	2:05	-0.5	7:07	4:37	
22	Tue	8:33	10.7	9:19	9.2	2:15	0.3	3:04	-1.0	7:06	4:39	
23	Wed	9:30	11.1	10:15	9.6	3:13	-0.1	4:00	-1.5	7:05	4:40	
24	Thu	10:27	11.5	11:10	9.9	4:09	-0.5	4:54	-1.8	7:04	4:41	
25	Fri	11:21	11.6			5:04	-0.8	5:46	-1.9	7:03	4:43	
26	Sat	12:02	10.1	12:15	11.5	5:58	-0.9	6:37	-1.8	7:03	4:44	
27	Sun	12:53	10.2	1:08	11.1	6:52	-0.8	7:28	-1.5	7:02	4:45	
28	Mon	1:45	10.1	2:02	10.5	7:47	-0.6	8:19	-1.0	7:01	4:47	
29	Tue	2:37	9.9	2:58	9.8	8:43	-0.2	9:11	-0.3	7:00	4:48	
30	Wed	3:31	9.7	3:57	9.1	9:43	0.2	10:05	0.3	6:59	4:49	
31	Thu	4:26	9.4	4:57	8.5	10:44	0.5	11:01	0.9	6:57	4:51	