

Fore River, Portland, ME - Jan 2059

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	12:34	8.5	12:33	9.7	6:21	1.1	6:58	0.1	7:14	4:15	
2	Thu	1:12	8.4	1:12	9.4	7:00	1.3	7:35	0.3	7:14	4:15	
3	Fri	1:51	8.3	1:52	9.1	7:40	1.4	8:14	0.5	7:14	4:16	
4	Sat	2:32	8.3	2:34	8.8	8:24	1.6	8:54	0.8	7:14	4:17	
5	Sun	3:14	8.3	3:21	8.5	9:11	1.7	9:36	1.0	7:14	4:18	
6	Mon	3:58	8.3	4:11	8.1	10:01	1.7	10:21	1.2	7:14	4:19	
7	Tue	4:43	8.4	5:04	7.9	10:53	1.6	11:08	1.4	7:14	4:20	
8	Wed	5:31	8.6	6:01	7.8	11:49	1.4			7:13	4:21	
9	Thu	6:22	8.9	7:01	7.9	12:00	1.4	12:48	1.0	7:13	4:22	
10	Fri	7:16	9.3	7:59	8.1	12:55	1.3	1:45	0.5	7:13	4:24	
11	Sat	8:08	9.8	8:52	8.5	1:50	1.1	2:39	-0.1	7:12	4:25	
12	Sun	9:00	10.3	9:44	8.9	2:43	0.7	3:30	-0.7	7:12	4:26	
13	Mon	9:51	10.8	10:35	9.2	3:34	0.3	4:21	-1.2	7:12	4:27	
14	Tue	10:43	11.2	11:26	9.6	4:26	-0.1	5:11	-1.5	7:11	4:28	
15	Wed	11:35	11.4			5:18	-0.5	6:02	-1.8	7:11	4:29	
16	Thu	12:17	9.9	12:28	11.4	6:11	-0.6	6:52	-1.7	7:10	4:31	
17	Fri	1:08	10.0	1:21	11.1	7:05	-0.7	7:43	-1.5	7:10	4:32	
18	Sat	2:01	10.1	2:17	10.6	8:02	-0.5	8:36	-1.1	7:09	4:33	
19	Sun	2:56	10.0	3:17	10.0	9:02	-0.3	9:31	-0.6	7:08	4:34	
20	Mon	3:53	9.9	4:19	9.4	10:05	-0.1	10:28	0.0	7:08	4:36	
21	Tue	4:51	9.8	5:24	8.8	11:10	0.2	11:28	0.5	7:07	4:37	
22	Wed	5:51	9.6	6:31	8.5			12:17	0.3	7:06	4:38	
23	Thu	6:53	9.5	7:37	8.3	12:30	0.9	1:23	0.2	7:05	4:40	
24	Fri	7:52	9.5	8:36	8.3	1:33	1.2	2:23	0.1	7:04	4:41	
25	Sat	8:45	9.6	9:28	8.4	2:30	1.2	3:16	0.0	7:04	4:42	
26	Sun	9:34	9.7	10:14	8.4	3:20	1.1	4:03	-0.1	7:03	4:44	
27	Mon	10:18	9.7	10:56	8.5	4:05	1.0	4:46	-0.1	7:02	4:45	
28	Tue	10:59	9.7	11:35	8.6	4:46	1.0	5:24	-0.1	7:01	4:46	
29	Wed	11:37	9.7			5:24	0.9	5:59	-0.1	7:00	4:48	
30	Thu	12:11	8.6	12:13	9.6	6:01	0.9	6:32	0.0	6:59	4:49	
31	Fri	12:45	8.7	12:48	9.4	6:36	0.9	7:05	0.2	6:58	4:50	