

Fore River, Portland, ME - Jan 2060

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	9:02	9.5	9:44	8.2	2:45	1.5	3:30	0.2	7:14	4:14	
2	Fri	9:44	9.9	10:27	8.5	3:28	1.2	4:13	-0.2	7:14	4:15	
3	Sat	10:27	10.2	11:10	8.7	4:11	0.9	4:55	-0.5	7:14	4:16	
4	Sun	11:11	10.5	11:53	8.9	4:55	0.6	5:38	-0.8	7:14	4:17	
5	Mon	11:56	10.7			5:41	0.4	6:22	-1.0	7:14	4:18	
6	Tue	12:37	9.2	12:42	10.7	6:28	0.2	7:07	-1.0	7:14	4:19	
7	Wed	1:23	9.3	1:31	10.6	7:18	0.1	7:55	-1.0	7:14	4:20	
8	Thu	2:12	9.5	2:24	10.2	8:11	0.1	8:45	-0.7	7:13	4:21	
9	Fri	3:05	9.6	3:22	9.8	9:09	0.1	9:38	-0.4	7:13	4:22	
10	Sat	4:00	9.7	4:24	9.3	10:11	0.1	10:34	0.0	7:13	4:23	
11	Sun	4:57	9.8	5:29	8.9	11:15	0.1	11:33	0.3	7:13	4:24	
12	Mon	5:57	9.9	6:37	8.7			12:22	0.1	7:12	4:26	
13	Tue	6:59	9.9	7:44	8.6	12:35	0.6	1:29	-0.1	7:12	4:27	
14	Wed	7:59	10.1	8:45	8.7	1:39	0.8	2:31	-0.4	7:11	4:28	
15	Thu	8:55	10.2	9:40	8.8	2:37	0.7	3:26	-0.6	7:11	4:29	
16	Fri	9:48	10.3	10:31	8.8	3:31	0.7	4:18	-0.7	7:10	4:30	
17	Sat	10:37	10.3	11:18	8.9	4:21	0.6	5:05	-0.7	7:10	4:32	
18	Sun	11:23	10.2			5:08	0.6	5:49	-0.6	7:09	4:33	
19	Mon	12:02	8.9	12:06	10.1	5:52	0.6	6:30	-0.4	7:08	4:34	
20	Tue	12:42	8.8	12:47	9.8	6:34	0.7	7:08	-0.1	7:08	4:35	
21	Wed	1:21	8.7	1:27	9.4	7:15	0.9	7:46	0.2	7:07	4:37	
22	Thu	2:01	8.7	2:08	9.0	7:58	1.1	8:24	0.6	7:06	4:38	
23	Fri	2:41	8.6	2:53	8.5	8:42	1.3	9:04	0.9	7:06	4:39	
24	Sat	3:23	8.5	3:41	8.1	9:30	1.4	9:46	1.3	7:05	4:41	
25	Sun	4:07	8.4	4:32	7.7	10:21	1.5	10:32	1.6	7:04	4:42	
26	Mon	4:54	8.4	5:28	7.4	11:15	1.6	11:22	1.9	7:03	4:43	
27	Tue	5:45	8.4	6:29	7.3			12:13	1.5	7:02	4:45	
28	Wed	6:40	8.6	7:29	7.4	12:17	2.0	1:13	1.2	7:01	4:46	
29	Thu	7:36	8.9	8:24	7.7	1:14	1.9	2:09	0.8	7:00	4:47	
30	Fri	8:28	9.4	9:13	8.1	2:09	1.5	2:59	0.3	6:59	4:49	
31	Sat	9:17	9.9	10:00	8.5	2:59	1.1	3:46	-0.3	6:58	4:50	