

Fore River, Portland, ME - Mar 2069

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	5:13	9.7	6:00	8.6	11:41	0.1	11:59	0.9	6:16	5:30	
2	Sat	6:22	9.5	7:09	8.6			12:52	0.2	6:14	5:31	
3	Sun	7:30	9.5	8:11	8.7	1:09	0.9	1:57	0.1	6:12	5:32	
4	Mon	8:29	9.6	9:05	9.0	2:13	0.7	2:52	0.0	6:10	5:34	
5	Tue	9:21	9.7	9:52	9.2	3:07	0.5	3:40	-0.2	6:09	5:35	
6	Wed	10:07	9.8	10:34	9.4	3:55	0.2	4:23	-0.2	6:07	5:36	
7	Thu	10:49	9.8	11:11	9.6	4:37	0.1	5:01	-0.2	6:05	5:38	
8	Fri	11:28	9.7	11:47	9.6	5:16	0.0	5:35	-0.1	6:04	5:39	
9	Sat			12:05	9.5	5:53	0.0	6:08	0.1	6:02	5:40	
10	Sun	12:20	9.6	1:40	9.3	7:28	0.0	7:41	0.4	7:00	6:41	
11	Mon	1:52	9.5	2:16	9.0	8:03	0.2	8:14	0.6	6:58	6:43	
12	Tue	2:26	9.4	2:53	8.7	8:40	0.4	8:51	0.9	6:56	6:44	
13	Wed	3:03	9.2	3:34	8.3	9:20	0.6	9:31	1.2	6:55	6:45	
14	Thu	3:44	9.0	4:20	8.0	10:05	0.8	10:16	1.5	6:53	6:46	
15	Fri	4:30	8.8	5:11	7.8	10:54	1.0	11:06	1.6	6:51	6:47	
16	Sat	5:23	8.7	6:07	7.8	11:48	1.1			6:49	6:49	
17	Sun	6:21	8.8	7:07	7.9	12:02	1.7	12:47	1.0	6:48	6:50	
18	Mon	7:22	9.0	8:07	8.3	1:03	1.5	1:48	0.7	6:46	6:51	
19	Tue	8:24	9.4	9:02	9.0	2:05	1.0	2:45	0.2	6:44	6:52	
20	Wed	9:20	10.0	9:53	9.7	3:04	0.3	3:38	-0.4	6:42	6:54	
21	Thu	10:13	10.5	10:41	10.4	3:58	-0.4	4:27	-0.9	6:40	6:55	
22	Fri	11:05	10.9	11:29	11.1	4:49	-1.2	5:15	-1.4	6:39	6:56	
23	Sat	11:56	11.1			5:40	-1.7	6:03	-1.6	6:37	6:57	
24	Sun	12:17	11.5	12:47	11.1	6:31	-2.1	6:51	-1.6	6:35	6:58	
25	Mon	1:06	11.7	1:38	10.9	7:22	-2.1	7:41	-1.3	6:33	7:00	
26	Tue	1:56	11.6	2:31	10.5	8:15	-1.9	8:32	-0.9	6:31	7:01	
27	Wed	2:48	11.2	3:28	10.0	9:10	-1.4	9:28	-0.3	6:30	7:02	
28	Thu	3:45	10.7	4:30	9.4	10:10	-0.9	10:28	0.3	6:28	7:03	
29	Fri	4:48	10.1	5:35	9.0	11:14	-0.3	11:34	0.8	6:26	7:04	
30	Sat	5:54	9.6	6:42	8.7			12:21	0.2	6:24	7:06	
31	Sun	7:02	9.3	7:48	8.7	12:43	1.1	1:29	0.4	6:22	7:07	