

Fore River, Portland, ME - Jul 2069

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	9:52	8.2	9:59	9.6	3:43	0.9	3:41	1.6	5:04	8:26	
2	Tue	10:37	8.4	10:41	9.8	4:26	0.6	4:23	1.4	5:04	8:26	
3	Wed	11:20	8.6	11:21	10.0	5:07	0.3	5:05	1.2	5:05	8:26	
4	Thu			12:01	8.8	5:46	0.1	5:45	1.0	5:05	8:25	
5	Fri	12:01	10.2	12:40	9.0	6:24	-0.2	6:27	0.8	5:06	8:25	
6	Sat	12:42	10.4	1:19	9.3	7:03	-0.4	7:10	0.6	5:07	8:25	
7	Sun	1:23	10.5	1:59	9.5	7:43	-0.6	7:55	0.4	5:07	8:24	
8	Mon	2:06	10.4	2:42	9.8	8:25	-0.6	8:42	0.3	5:08	8:24	
9	Tue	2:53	10.3	3:28	10.0	9:10	-0.6	9:34	0.2	5:09	8:23	
10	Wed	3:44	10.1	4:19	10.1	9:59	-0.4	10:30	0.1	5:10	8:23	
11	Thu	4:40	9.8	5:13	10.3	10:51	-0.2	11:29	0.1	5:11	8:22	
12	Fri	5:40	9.5	6:10	10.4	11:47	0.0			5:11	8:22	
13	Sat	6:43	9.2	7:11	10.5	12:31	0.1	12:46	0.2	5:12	8:21	
14	Sun	7:50	9.1	8:13	10.6	1:37	-0.1	1:49	0.4	5:13	8:20	
15	Mon	8:56	9.2	9:14	10.8	2:43	-0.3	2:52	0.3	5:14	8:20	
16	Tue	9:57	9.3	10:12	11.0	3:43	-0.6	3:52	0.2	5:15	8:19	
17	Wed	10:53	9.5	11:06	11.1	4:39	-0.8	4:47	0.1	5:16	8:18	
18	Thu	11:46	9.7	11:57	11.0	5:32	-1.0	5:40	0.0	5:17	8:18	
19	Fri			12:36	9.8	6:21	-1.0	6:31	0.0	5:18	8:17	
20	Sat	12:46	10.8	1:22	9.8	7:07	-0.8	7:19	0.2	5:19	8:16	
21	Sun	1:33	10.5	2:06	9.7	7:51	-0.6	8:05	0.4	5:20	8:15	
22	Mon	2:18	10.1	2:50	9.6	8:34	-0.2	8:52	0.6	5:21	8:14	
23	Tue	3:03	9.6	3:34	9.4	9:16	0.2	9:40	0.9	5:22	8:13	
24	Wed	3:51	9.1	4:20	9.3	10:00	0.7	10:30	1.2	5:23	8:12	
25	Thu	4:40	8.7	5:07	9.1	10:45	1.1	11:21	1.4	5:24	8:11	
26	Fri	5:31	8.3	5:55	9.0	11:31	1.4			5:25	8:10	
27	Sat	6:26	8.0	6:46	8.9	12:15	1.5	12:21	1.7	5:26	8:09	
28	Sun	7:23	7.8	7:40	9.0	1:11	1.5	1:15	1.8	5:27	8:08	
29	Mon	8:20	7.9	8:33	9.2	2:09	1.4	2:09	1.8	5:28	8:07	
30	Tue	9:13	8.0	9:22	9.5	3:02	1.1	3:01	1.6	5:29	8:06	
31	Wed	10:00	8.3	10:07	9.8	3:49	0.8	3:48	1.3	5:30	8:04	