US HARBORS www.USHarbors.com

# Fore River, Portland, ME - Jul 2070

| Date | | High | | | | Low | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|
| | | AM | ft | PM | ft | AM | ft | PM | ft | Rise | Set | Moon |
| 1 | Tue | 4:56 | 9.3 | 5:30 | 9.8 | 11:10 | 0.2 | 11:44 | 0.6 | 5:03 | 8:26 | |
| 2 | Wed | 5:52 | 9.2 | 6:23 | 10.1 | | | 12:02 | 0.3 | 5:04 | 8:26 | |
| 3 | Thu | 6:53 | 9.1 | 7:21 | 10.4 | 12:43 | 0.4 | 12:59 | 0.3 | 5:05 | 8:26 | |
| 4 | Fri | 7:57 | 9.2 | 8:21 | 10.8 | 1:46 | 0.0 | 1:59 | 0.2 | 5:05 | 8:25 | |
| 5 | Sat | 9:01 | 9.4 | 9:20 | 11.2 | 2:49 | -0.5 | 3:00 | 0.0 | 5:06 | 8:25 | |
| 6 | Sun | 10:02 | 9.7 | 10:18 | 11.5 | 3:48 | -1.0 | 3:58 | -0.3 | 5:07 | 8:25 | |
| 7 | Mon | 11:00 | 10.0 | 11:14 | 11.7 | 4:45 | -1.4 | 4:55 | -0.5 | 5:07 | 8:24 | |
| 8 | Tue | 11:56 | 10.2 | | | 5:40 | -1.6 | 5:51 | -0.6 | 5:08 | 8:24 | |
| 9 | Wed | 12:09 | 11.8 | 12:50 | 10.4 | 6:34 | -1.7 | 6:47 | -0.6 | 5:09 | 8:23 | |
| 10 | Thu | 1:04 | 11.6 | 1:43 | 10.4 | 7:26 | -1.6 | 7:41 | -0.5 | 5:10 | 8:23 | |
| 11 | Fri | 1:57 | 11.3 | 2:35 | 10.3 | 8:17 | -1.3 | 8:35 | -0.2 | 5:10 | 8:22 | |
| 12 | Sat | 2:50 | 10.7 | 3:27 | 10.2 | 9:08 | -0.9 | 9:31 | 0.1 | 5:11 | 8:22 | |
| 13 | Sun | 3:45 | 10.1 | 4:21 | 9.9 | 10:00 | -0.3 | 10:29 | 0.5 | 5:12 | 8:21 | |
| 14 | Mon | 4:41 | 9.5 | 5:14 | 9.7 | 10:52 | 0.2 | 11:27 | 0.8 | 5:13 | 8:21 | |
| 15 | Tue | 5:38 | 9.0 | 6:07 | 9.5 | 11:44 | 0.8 | | | 5:14 | 8:20 | |
| 16 | Wed | 6:35 | 8.5 | 7:01 | 9.3 | 12:26 | 1.0 | 12:38 | 1.2 | 5:15 | 8:19 | |
| 17 | Thu | 7:34 | 8.3 | 7:55 | 9.3 | 1:26 | 1.1 | 1:34 | 1.5 | 5:16 | 8:18 | |
| 18 | Fri | 8:32 | 8.2 | 8:47 | 9.3 | 2:24 | 1.1 | 2:29 | 1.6 | 5:16 | 8:18 | |
| 19 | Sat | 9:24 | 8.2 | 9:35 | 9.5 | 3:17 | 0.9 | 3:19 | 1.6 | 5:17 | 8:17 | |
| 20 | Sun | 10:12 | 8.3 | 10:20 | 9.6 | 4:04 | 0.7 | 4:04 | 1.4 | 5:18 | 8:16 | |
| 21 | Mon | 10:56 | 8.5 | 11:01 | 9.8 | 4:47 | 0.5 | 4:46 | 1.3 | 5:19 | 8:15 | |
| 22 | Tue | 11:37 | 8.7 | 11:41 | 9.9 | 5:26 | 0.3 | 5:25 | 1.1 | 5:20 | 8:14 | |
| 23 | Wed | | | 12:16 | 8.9 | 6:02 | 0.2 | 6:03 | 1.0 | 5:21 | 8:13 | |
| 24 | Thu | 12:18 | 10.0 | 12:52 | 9.1 | 6:37 | 0.0 | 6:42 | 0.8 | 5:22 | 8:12 | |
| 25 | Fri | 12:55 | 10.0 | 1:28 | 9.2 | 7:12 | -0.1 | 7:20 | 0.7 | 5:23 | 8:11 | |
| 26 | Sat | 1:32 | 10.0 | 2:03 | 9.4 | 7:48 | -0.2 | 8:01 | 0.5 | 5:24 | 8:10 | |
| 27 | Sun | 2:11 | 10.0 | 2:42 | 9.6 | 8:26 | -0.2 | 8:45 | 0.4 | 5:25 | 8:09 | |
| 28 | Mon | 2:54 | 9.8 | 3:24 | 9.8 | 9:08 | -0.1 | 9:33 | 0.4 | 5:26 | 8:08 | |
| 29 | Tue | 3:41 | 9.6 | 4:11 | 10.0 | 9:53 | 0.0 | 10:25 | 0.3 | 5:27 | 8:07 | |
| 30 | Wed | 4:34 | 9.4 | 5:03 | 10.1 | 10:44 | 0.1 | 11:21 | 0.2 | 5:29 | 8:06 | |
| 31 | Thu | 5:32 | 9.2 | 5:59 | 10.2 | 11:38 | 0.3 | | | 5:30 | 8:05 | |