

Fore River, Portland, ME - Jan 2024

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	1:26	9.5	1:34	10.2	7:21	0.3	7:57	-0.6	7:14	4:15	
2	Tue	2:15	9.2	2:25	9.7	8:12	0.6	8:46	0.0	7:14	4:16	
3	Wed	3:06	8.9	3:18	9.1	9:05	1.0	9:36	0.4	7:14	4:17	
4	Thu	3:57	8.7	4:12	8.6	10:01	1.3	10:26	0.9	7:14	4:18	
5	Fri	4:49	8.6	5:09	8.2	10:59	1.4	11:17	1.2	7:14	4:19	
6	Sat	5:41	8.6	6:07	8.0	11:58	1.5			7:14	4:20	
7	Sun	6:34	8.7	7:05	7.9	12:11	1.5	12:57	1.3	7:13	4:21	
8	Mon	7:25	8.8	7:59	8.0	1:04	1.5	1:51	1.1	7:13	4:22	
9	Tue	8:13	9.1	8:48	8.1	1:54	1.5	2:39	0.7	7:13	4:23	
10	Wed	8:56	9.4	9:33	8.3	2:40	1.3	3:22	0.4	7:13	4:24	
11	Thu	9:37	9.6	10:15	8.6	3:21	1.1	4:02	0.0	7:12	4:25	
12	Fri	10:17	9.9	10:55	8.8	4:01	0.9	4:40	-0.3	7:12	4:26	
13	Sat	10:57	10.2	11:34	9.0	4:41	0.6	5:19	-0.6	7:11	4:27	
14	Sun	11:36	10.4			5:22	0.4	5:58	-0.8	7:11	4:29	
15	Mon	12:12	9.2	12:17	10.5	6:03	0.2	6:38	-0.9	7:10	4:30	
16	Tue	12:53	9.4	1:00	10.4	6:48	0.0	7:20	-0.9	7:10	4:31	
17	Wed	1:35	9.5	1:46	10.3	7:35	0.0	8:06	-0.8	7:09	4:32	
18	Thu	2:22	9.6	2:38	10.0	8:26	0.0	8:56	-0.6	7:09	4:34	
19	Fri	3:14	9.7	3:35	9.6	9:23	0.0	9:49	-0.4	7:08	4:35	
20	Sat	4:09	9.8	4:37	9.3	10:23	0.0	10:46	-0.1	7:07	4:36	
21	Sun	5:08	9.9	5:43	9.0	11:27	0.0	11:47	0.2	7:07	4:37	
22	Mon	6:10	10.0	6:52	8.9			12:36	-0.1	7:06	4:39	
23	Tue	7:15	10.2	7:58	9.0	12:52	0.3	1:43	-0.4	7:05	4:40	
24	Wed	8:16	10.4	8:59	9.2	1:55	0.2	2:44	-0.8	7:04	4:41	
25	Thu	9:12	10.6	9:54	9.4	2:54	0.1	3:39	-1.0	7:03	4:43	
26	Fri	10:05	10.8	10:45	9.5	3:48	-0.1	4:31	-1.2	7:02	4:44	
27	Sat	10:55	10.8	11:33	9.6	4:39	-0.2	5:19	-1.2	7:01	4:45	
28	Sun	11:43	10.7			5:28	-0.2	6:04	-1.1	7:00	4:47	
29	Mon	12:18	9.6	12:27	10.4	6:14	-0.1	6:46	-0.8	6:59	4:48	
30	Tue	1:00	9.4	1:11	10.0	6:58	0.1	7:27	-0.4	6:58	4:49	
31	Wed	1:42	9.3	1:54	9.5	7:42	0.4	8:08	0.0	6:57	4:51	