

Fore River, Portland, ME - Jul 2074

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	4:25	9.7	5:05	9.5	10:45	0.0	11:11	0.7	5:04	8:26	
2	Mon	5:21	9.5	5:57	9.8	11:36	0.0			5:04	8:26	
3	Tue	6:20	9.4	6:53	10.2	12:10	0.5	12:31	0.1	5:05	8:26	
4	Wed	7:24	9.3	7:52	10.5	1:12	0.2	1:30	0.1	5:05	8:25	
5	Thu	8:29	9.4	8:51	10.9	2:16	-0.2	2:30	0.0	5:06	8:25	
6	Fri	9:31	9.6	9:48	11.3	3:18	-0.7	3:29	-0.1	5:07	8:25	
7	Sat	10:30	9.8	10:43	11.5	4:16	-1.1	4:25	-0.2	5:07	8:24	
8	Sun	11:27	9.9	11:38	11.6	5:11	-1.4	5:20	-0.3	5:08	8:24	
9	Mon			12:22	10.0	6:06	-1.5	6:15	-0.3	5:09	8:23	
10	Tue	12:32	11.5	1:15	10.0	6:58	-1.5	7:08	-0.1	5:10	8:23	
11	Wed	1:24	11.2	2:06	9.9	7:48	-1.2	8:01	0.1	5:10	8:22	
12	Thu	2:15	10.8	2:56	9.7	8:38	-0.9	8:53	0.4	5:11	8:22	
13	Fri	3:07	10.3	3:48	9.6	9:28	-0.4	9:48	0.7	5:12	8:21	
14	Sat	4:00	9.7	4:39	9.4	10:18	0.1	10:44	1.0	5:13	8:21	
15	Sun	4:54	9.2	5:30	9.2	11:08	0.6	11:40	1.2	5:14	8:20	
16	Mon	5:49	8.7	6:21	9.1	11:58	1.0			5:15	8:19	
17	Tue	6:45	8.3	7:12	9.1	12:37	1.4	12:49	1.4	5:16	8:18	
18	Wed	7:43	8.1	8:04	9.1	1:36	1.4	1:42	1.6	5:16	8:18	
19	Thu	8:39	8.1	8:54	9.2	2:32	1.3	2:35	1.7	5:17	8:17	
20	Fri	9:31	8.1	9:40	9.4	3:23	1.0	3:23	1.7	5:18	8:16	
21	Sat	10:18	8.3	10:24	9.6	4:09	0.8	4:07	1.5	5:19	8:15	
22	Sun	11:02	8.4	11:05	9.8	4:50	0.5	4:48	1.4	5:20	8:14	
23	Mon	11:43	8.6	11:45	10.0	5:30	0.3	5:28	1.2	5:21	8:13	
24	Tue			12:23	8.8	6:08	0.0	6:08	1.0	5:22	8:12	
25	Wed	12:24	10.2	1:01	9.0	6:45	-0.2	6:49	0.8	5:23	8:11	
26	Thu	1:03	10.3	1:39	9.2	7:23	-0.3	7:31	0.6	5:24	8:10	
27	Fri	1:44	10.3	2:19	9.5	8:03	-0.4	8:15	0.4	5:25	8:09	
28	Sat	2:27	10.2	3:01	9.7	8:45	-0.5	9:03	0.3	5:26	8:08	
29	Sun	3:14	10.1	3:48	9.9	9:31	-0.4	9:55	0.3	5:27	8:07	
30	Mon	4:06	9.8	4:39	10.0	10:20	-0.2	10:52	0.2	5:29	8:06	
31	Tue	5:03	9.5	5:33	10.2	11:13	0.0	11:51	0.1	5:30	8:05	