

Fore River, Portland, ME - Jan 2075

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	10:24	9.7	11:01	8.6	4:11	1.1	4:49	0.0	7:14	4:15	
2	Wed	11:01	9.8	11:38	8.6	4:47	1.1	5:25	-0.1	7:14	4:15	
3	Thu	11:37	9.8			5:23	1.0	5:59	-0.1	7:14	4:16	
4	Fri	12:14	8.6	12:12	9.8	5:59	1.0	6:34	-0.1	7:14	4:17	
5	Sat	12:49	8.6	12:48	9.7	6:36	1.0	7:10	-0.1	7:14	4:18	
6	Sun	1:25	8.6	1:26	9.6	7:16	1.0	7:48	-0.1	7:14	4:19	
7	Mon	2:04	8.7	2:09	9.5	7:59	0.9	8:30	0.0	7:13	4:20	
8	Tue	2:46	8.8	2:56	9.3	8:47	0.9	9:16	0.1	7:13	4:21	
9	Wed	3:33	9.0	3:50	9.1	9:40	0.8	10:06	0.2	7:13	4:23	
10	Thu	4:24	9.3	4:48	8.9	10:37	0.6	10:59	0.3	7:13	4:24	
11	Fri	5:19	9.5	5:50	8.8	11:38	0.4	11:57	0.3	7:12	4:25	
12	Sat	6:18	9.9	6:57	8.9			12:43	0.0	7:12	4:26	
13	Sun	7:19	10.3	8:02	9.1	12:58	0.2	1:47	-0.5	7:12	4:27	
14	Mon	8:19	10.8	9:02	9.4	2:00	0.0	2:47	-1.1	7:11	4:28	
15	Tue	9:16	11.2	9:59	9.7	2:58	-0.3	3:44	-1.5	7:11	4:30	
16	Wed	10:11	11.4	10:54	9.9	3:54	-0.5	4:38	-1.8	7:10	4:31	
17	Thu	11:06	11.5	11:47	10.0	4:48	-0.7	5:31	-1.9	7:09	4:32	
18	Fri	11:58	11.4			5:42	-0.7	6:22	-1.8	7:09	4:33	
19	Sat	12:38	10.0	12:50	11.1	6:34	-0.6	7:12	-1.4	7:08	4:35	
20	Sun	1:29	9.9	1:42	10.5	7:27	-0.3	8:02	-0.9	7:07	4:36	
21	Mon	2:20	9.7	2:35	9.9	8:21	0.0	8:52	-0.4	7:07	4:37	
22	Tue	3:12	9.4	3:31	9.2	9:18	0.4	9:44	0.2	7:06	4:38	
23	Wed	4:05	9.1	4:29	8.6	10:17	0.8	10:37	0.8	7:05	4:40	
24	Thu	4:59	8.9	5:28	8.2	11:17	1.0	11:32	1.2	7:04	4:41	
25	Fri	5:54	8.8	6:29	7.9			12:19	1.1	7:03	4:42	
26	Sat	6:50	8.8	7:29	7.8	12:29	1.5	1:19	1.0	7:03	4:44	
27	Sun	7:43	8.9	8:22	7.9	1:26	1.6	2:14	0.8	7:02	4:45	
28	Mon	8:32	9.1	9:10	8.1	2:17	1.5	3:01	0.6	7:01	4:46	
29	Tue	9:17	9.3	9:54	8.3	3:03	1.4	3:44	0.3	7:00	4:48	
30	Wed	9:58	9.5	10:34	8.5	3:44	1.2	4:23	0.1	6:59	4:49	
31	Thu	10:37	9.7	11:12	8.7	4:22	0.9	4:59	-0.1	6:58	4:50	