

Fore River, Portland, ME - Jan 2076

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	5:56	9.0	6:26	8.4			12:14	0.9	7:14	4:14	
2	Thu	6:50	9.5	7:27	8.6	12:29	0.9	1:14	0.4	7:14	4:15	
3	Fri	7:44	10.0	8:24	8.9	1:25	0.6	2:11	-0.3	7:14	4:16	
4	Sat	8:37	10.6	9:20	9.2	2:20	0.3	3:06	-0.9	7:14	4:17	
5	Sun	9:30	11.1	10:14	9.6	3:14	-0.1	3:59	-1.4	7:14	4:18	
6	Mon	10:23	11.5	11:07	9.9	4:07	-0.4	4:52	-1.8	7:14	4:19	
7	Tue	11:17	11.7			5:01	-0.6	5:45	-2.0	7:14	4:20	
8	Wed	12:01	10.0	12:11	11.6	5:55	-0.7	6:37	-1.9	7:13	4:21	
9	Thu	12:54	10.1	1:06	11.3	6:50	-0.7	7:30	-1.7	7:13	4:22	
10	Fri	1:48	10.0	2:02	10.9	7:46	-0.5	8:24	-1.2	7:13	4:23	
11	Sat	2:45	9.9	3:02	10.2	8:46	-0.2	9:21	-0.7	7:12	4:25	
12	Sun	3:43	9.7	4:04	9.6	9:49	0.1	10:18	-0.2	7:12	4:26	
13	Mon	4:41	9.6	5:08	9.0	10:54	0.4	11:17	0.4	7:12	4:27	
14	Tue	5:40	9.5	6:12	8.6			12:00	0.5	7:11	4:28	
15	Wed	6:39	9.4	7:16	8.4	12:17	0.8	1:05	0.5	7:11	4:29	
16	Thu	7:36	9.4	8:15	8.3	1:17	1.1	2:04	0.3	7:10	4:30	
17	Fri	8:27	9.5	9:06	8.3	2:12	1.2	2:56	0.2	7:10	4:32	
18	Sat	9:14	9.5	9:53	8.4	3:01	1.2	3:43	0.1	7:09	4:33	
19	Sun	9:58	9.6	10:35	8.5	3:45	1.1	4:25	0.0	7:08	4:34	
20	Mon	10:38	9.7	11:15	8.6	4:25	1.0	5:03	-0.1	7:08	4:35	
21	Tue	11:16	9.7	11:51	8.6	5:03	1.0	5:39	-0.1	7:07	4:37	
22	Wed	11:52	9.7			5:38	0.9	6:13	-0.1	7:06	4:38	
23	Thu	12:26	8.6	12:26	9.6	6:14	0.9	6:45	0.0	7:05	4:39	
24	Fri	1:00	8.6	1:01	9.5	6:50	0.9	7:19	0.1	7:05	4:41	
25	Sat	1:33	8.7	1:38	9.3	7:27	0.9	7:54	0.2	7:04	4:42	
26	Sun	2:09	8.7	2:18	9.0	8:08	1.0	8:33	0.4	7:03	4:43	
27	Mon	2:48	8.8	3:02	8.7	8:54	1.0	9:15	0.6	7:02	4:45	
28	Tue	3:31	8.9	3:53	8.5	9:43	0.9	10:02	0.7	7:01	4:46	
29	Wed	4:19	9.0	4:48	8.3	10:38	0.8	10:54	0.9	7:00	4:47	
30	Thu	5:13	9.2	5:50	8.2	11:38	0.6	11:52	0.9	6:59	4:49	
31	Fri	6:12	9.5	6:57	8.3			12:42	0.3	6:58	4:50	