

Fore River, Portland, ME - Mar 2076

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	6:54	9.8	7:45	8.6	12:33	0.9	1:27	-0.1	6:15	5:30	
2	Mon	8:01	10.2	8:47	9.1	1:41	0.5	2:31	-0.6	6:13	5:32	
3	Tue	9:02	10.7	9:43	9.7	2:43	0.0	3:27	-1.1	6:12	5:33	
4	Wed	9:59	11.1	10:35	10.2	3:41	-0.6	4:20	-1.5	6:10	5:34	
5	Thu	10:53	11.3	11:25	10.6	4:36	-1.1	5:10	-1.7	6:08	5:35	
6	Fri	11:44	11.3			5:28	-1.3	5:58	-1.6	6:06	5:37	
7	Sat	12:12	10.8	12:34	11.0	6:19	-1.4	6:44	-1.3	6:05	5:38	
8	Sun	12:59	10.7	2:24	10.4	8:09	-1.2	8:30	-0.7	7:03	6:39	
9	Mon	2:45	10.4	3:15	9.8	8:59	-0.8	9:18	-0.1	7:01	6:40	
10	Tue	3:33	10.0	4:08	9.1	9:53	-0.3	10:08	0.6	6:59	6:42	
11	Wed	4:25	9.5	5:06	8.5	10:49	0.3	11:02	1.3	6:58	6:43	
12	Thu	5:20	9.1	6:06	8.0	11:48	0.7			6:56	6:44	
13	Fri	6:19	8.7	7:09	7.7	12:00	1.7	12:51	1.1	6:54	6:45	
14	Sat	7:22	8.5	8:11	7.7	1:04	2.0	1:56	1.2	6:52	6:47	
15	Sun	8:23	8.6	9:07	7.9	2:08	2.0	2:55	1.1	6:51	6:48	
16	Mon	9:18	8.8	9:55	8.2	3:05	1.7	3:45	0.8	6:49	6:49	
17	Tue	10:05	9.1	10:37	8.5	3:53	1.4	4:27	0.6	6:47	6:50	
18	Wed	10:47	9.3	11:15	8.9	4:35	1.0	5:04	0.3	6:45	6:52	
19	Thu	11:26	9.5	11:50	9.2	5:13	0.7	5:38	0.1	6:43	6:53	
20	Fri			12:02	9.6	5:49	0.4	6:10	0.0	6:42	6:54	
21	Sat	12:23	9.4	12:38	9.7	6:24	0.1	6:42	0.0	6:40	6:55	
22	Sun	12:55	9.7	1:13	9.6	7:00	-0.1	7:16	0.0	6:38	6:56	
23	Mon	1:27	9.8	1:50	9.5	7:38	-0.3	7:52	0.1	6:36	6:58	
24	Tue	2:02	9.9	2:30	9.3	8:18	-0.3	8:32	0.3	6:34	6:59	
25	Wed	2:41	10.0	3:15	9.0	9:03	-0.3	9:16	0.6	6:33	7:00	
26	Thu	3:27	9.9	4:07	8.7	9:53	-0.1	10:07	0.8	6:31	7:01	
27	Fri	4:20	9.8	5:07	8.5	10:50	0.1	11:05	1.1	6:29	7:02	
28	Sat	5:21	9.6	6:13	8.4	11:53	0.2			6:27	7:04	
29	Sun	6:29	9.6	7:24	8.5	12:10	1.2	1:01	0.2	6:25	7:05	
30	Mon	7:41	9.7	8:32	8.9	1:20	1.0	2:11	0.0	6:24	7:06	
31	Tue	8:49	10.0	9:32	9.4	2:31	0.6	3:14	-0.4	6:22	7:07	