

Fore River, Portland, ME - Jul 2079

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	1:03	11.5	1:49	9.8	7:32	-1.4	7:41	0.1	5:03	8:26	
2	Sun	1:58	11.2	2:44	9.7	8:26	-1.1	8:38	0.3	5:04	8:26	
3	Mon	2:54	10.7	3:39	9.6	9:20	-0.8	9:37	0.6	5:05	8:26	
4	Tue	3:52	10.2	4:35	9.5	10:13	-0.3	10:38	0.8	5:05	8:25	
5	Wed	4:50	9.6	5:29	9.5	11:07	0.2	11:39	1.0	5:06	8:25	
6	Thu	5:49	9.0	6:22	9.4			12:00	0.8	5:07	8:25	
7	Fri	6:49	8.5	7:15	9.3	12:40	1.1	12:53	1.2	5:07	8:24	
8	Sat	7:49	8.2	8:08	9.3	1:41	1.1	1:47	1.6	5:08	8:24	
9	Sun	8:47	8.0	8:58	9.3	2:39	1.1	2:41	1.8	5:09	8:24	
10	Mon	9:39	8.0	9:45	9.4	3:31	0.9	3:30	1.9	5:09	8:23	
11	Tue	10:28	8.1	10:29	9.5	4:18	0.8	4:15	1.8	5:10	8:23	
12	Wed	11:12	8.2	11:11	9.6	5:02	0.6	4:57	1.8	5:11	8:22	
13	Thu	11:54	8.3	11:51	9.7	5:42	0.5	5:36	1.7	5:12	8:21	
14	Fri			12:34	8.4	6:20	0.4	6:15	1.6	5:13	8:21	
15	Sat	12:30	9.8	1:11	8.5	6:56	0.3	6:53	1.5	5:14	8:20	
16	Sun	1:06	9.8	1:46	8.6	7:31	0.2	7:31	1.4	5:14	8:19	
17	Mon	1:43	9.8	2:22	8.7	8:05	0.1	8:11	1.2	5:15	8:19	
18	Tue	2:21	9.8	2:59	9.0	8:42	0.1	8:54	1.1	5:16	8:18	
19	Wed	3:03	9.6	3:38	9.2	9:21	0.1	9:41	1.0	5:17	8:17	
20	Thu	3:49	9.4	4:22	9.5	10:04	0.2	10:31	0.8	5:18	8:16	
21	Fri	4:39	9.2	5:09	9.7	10:50	0.4	11:26	0.6	5:19	8:15	
22	Sat	5:34	8.9	6:01	10.0	11:41	0.5			5:20	8:14	
23	Sun	6:34	8.7	6:57	10.2	12:25	0.4	12:36	0.7	5:21	8:14	
24	Mon	7:40	8.7	7:59	10.4	1:28	0.2	1:37	0.8	5:22	8:13	
25	Tue	8:46	8.8	9:01	10.7	2:33	-0.1	2:40	0.7	5:23	8:12	
26	Wed	9:49	9.0	10:01	11.0	3:36	-0.5	3:41	0.5	5:24	8:11	
27	Thu	10:48	9.3	11:00	11.3	4:34	-0.9	4:40	0.2	5:25	8:09	
28	Fri	11:45	9.5	11:56	11.4	5:31	-1.1	5:37	0.0	5:26	8:08	
29	Sat			12:39	9.7	6:24	-1.2	6:32	-0.1	5:27	8:07	
30	Sun	12:50	11.3	1:30	9.9	7:15	-1.2	7:26	-0.1	5:28	8:06	
31	Mon	1:42	11.0	2:19	9.9	8:04	-0.9	8:19	0.1	5:29	8:05	