

Fore River, Portland, ME - Jan 2080

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	5:03	9.0	5:31	8.3	11:21	1.0	11:35	0.9	7:14	4:14	
2	Tue	5:56	9.4	6:34	8.3			12:22	0.6	7:14	4:15	
3	Wed	6:53	9.8	7:37	8.5	12:33	0.9	1:24	0.1	7:14	4:16	
4	Thu	7:51	10.3	8:38	8.8	1:32	0.7	2:24	-0.5	7:14	4:17	
5	Fri	8:48	10.8	9:35	9.1	2:30	0.4	3:21	-1.0	7:14	4:18	
6	Sat	9:45	11.2	10:31	9.4	3:27	0.0	4:16	-1.5	7:14	4:19	
7	Sun	10:41	11.5	11:26	9.7	4:22	-0.3	5:10	-1.7	7:14	4:20	
8	Mon	11:36	11.5			5:18	-0.5	6:03	-1.8	7:13	4:21	
9	Tue	12:19	9.8	12:30	11.4	6:13	-0.5	6:55	-1.6	7:13	4:22	
10	Wed	1:12	9.9	1:24	11.0	7:08	-0.4	7:47	-1.3	7:13	4:23	
11	Thu	2:05	9.9	2:20	10.4	8:05	-0.2	8:40	-0.8	7:12	4:25	
12	Fri	2:59	9.7	3:19	9.7	9:05	0.1	9:33	-0.2	7:12	4:26	
13	Sat	3:55	9.6	4:19	9.0	10:06	0.4	10:28	0.4	7:12	4:27	
14	Sun	4:50	9.4	5:21	8.5	11:09	0.6	11:24	1.0	7:11	4:28	
15	Mon	5:46	9.2	6:25	8.1			12:13	0.8	7:11	4:29	
16	Tue	6:44	9.1	7:27	7.9	12:23	1.4	1:16	0.8	7:10	4:31	
17	Wed	7:39	9.1	8:24	7.9	1:22	1.6	2:13	0.6	7:10	4:32	
18	Thu	8:31	9.2	9:14	8.0	2:16	1.6	3:04	0.5	7:09	4:33	
19	Fri	9:17	9.3	9:59	8.1	3:04	1.6	3:49	0.3	7:08	4:34	
20	Sat	10:00	9.4	10:40	8.2	3:47	1.4	4:29	0.2	7:08	4:36	
21	Sun	10:40	9.6	11:18	8.4	4:26	1.3	5:07	0.1	7:07	4:37	
22	Mon	11:17	9.6	11:53	8.5	5:03	1.1	5:41	0.0	7:06	4:38	
23	Tue	11:53	9.7			5:39	1.0	6:13	0.0	7:05	4:39	
24	Wed	12:27	8.6	12:27	9.6	6:15	0.9	6:45	0.0	7:05	4:41	
25	Thu	12:59	8.7	1:02	9.5	6:51	0.9	7:18	0.0	7:04	4:42	
26	Fri	1:32	8.8	1:39	9.3	7:30	0.8	7:53	0.2	7:03	4:43	
27	Sat	2:07	8.9	2:20	9.0	8:12	0.7	8:33	0.3	7:02	4:45	
28	Sun	2:47	9.1	3:07	8.7	8:59	0.7	9:16	0.6	7:01	4:46	
29	Mon	3:32	9.2	4:00	8.4	9:51	0.6	10:06	0.8	7:00	4:47	
30	Tue	4:23	9.3	4:59	8.1	10:49	0.6	11:01	1.0	6:59	4:49	
31	Wed	5:20	9.5	6:06	8.0	11:52	0.4			6:58	4:50	