

Fore River, Portland, ME - Jan 2081

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	3:15	9.8	3:34	9.9	9:20	0.0	9:49	-0.4	7:14	4:15	
2	Thu	4:12	9.8	4:38	9.3	10:24	0.2	10:47	0.1	7:14	4:16	
3	Fri	5:10	9.8	5:43	8.8	11:29	0.3	11:46	0.6	7:14	4:17	
4	Sat	6:10	9.7	6:50	8.5			12:36	0.3	7:14	4:18	
5	Sun	7:09	9.7	7:54	8.4	12:48	0.9	1:41	0.2	7:14	4:19	
6	Mon	8:06	9.7	8:51	8.4	1:48	1.1	2:38	0.0	7:14	4:20	
7	Tue	8:58	9.8	9:42	8.4	2:42	1.2	3:30	-0.1	7:13	4:21	
8	Wed	9:46	9.8	10:28	8.4	3:31	1.1	4:16	-0.1	7:13	4:22	
9	Thu	10:30	9.8	11:10	8.5	4:16	1.1	4:59	-0.1	7:13	4:23	
10	Fri	11:11	9.8	11:50	8.5	4:58	1.1	5:38	-0.1	7:12	4:24	
11	Sat	11:49	9.7			5:37	1.1	6:14	0.0	7:12	4:25	
12	Sun	12:26	8.5	12:26	9.6	6:14	1.1	6:48	0.1	7:12	4:27	
13	Mon	1:01	8.5	1:02	9.3	6:51	1.1	7:21	0.3	7:11	4:28	
14	Tue	1:36	8.5	1:39	9.1	7:30	1.2	7:56	0.5	7:11	4:29	
15	Wed	2:12	8.5	2:19	8.7	8:10	1.3	8:32	0.7	7:10	4:30	
16	Thu	2:50	8.5	3:03	8.4	8:55	1.3	9:12	1.0	7:10	4:31	
17	Fri	3:31	8.6	3:51	8.0	9:42	1.4	9:56	1.3	7:09	4:33	
18	Sat	4:15	8.6	4:43	7.7	10:34	1.3	10:44	1.5	7:08	4:34	
19	Sun	5:04	8.8	5:42	7.6	11:30	1.2	11:37	1.6	7:08	4:35	
20	Mon	5:59	9.0	6:45	7.6			12:32	0.9	7:07	4:36	
21	Tue	6:59	9.3	7:48	7.9	12:37	1.5	1:34	0.5	7:06	4:38	
22	Wed	7:58	9.8	8:46	8.3	1:38	1.2	2:33	-0.1	7:06	4:39	
23	Thu	8:55	10.4	9:41	8.8	2:36	0.7	3:27	-0.7	7:05	4:40	
24	Fri	9:50	10.9	10:33	9.4	3:31	0.2	4:19	-1.3	7:04	4:42	
25	Sat	10:43	11.3	11:24	9.8	4:25	-0.4	5:10	-1.7	7:03	4:43	
26	Sun	11:36	11.5			5:19	-0.8	5:59	-1.9	7:02	4:44	
27	Mon	12:14	10.2	12:28	11.4	6:12	-1.0	6:47	-1.8	7:01	4:46	
28	Tue	1:03	10.4	1:20	11.0	7:05	-1.0	7:36	-1.5	7:00	4:47	
29	Wed	1:53	10.5	2:15	10.4	8:00	-0.9	8:27	-1.0	6:59	4:48	
30	Thu	2:46	10.3	3:13	9.7	8:59	-0.6	9:20	-0.3	6:58	4:50	
31	Fri	3:41	10.1	4:15	9.0	10:00	-0.2	10:17	0.4	6:57	4:51	