

Fore River, Portland, ME - Jul 2089

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	5:23	8.6	5:55	9.2	11:32	0.9			5:04	8:26	
2	Sat	6:16	8.5	6:44	9.4	12:07	1.3	12:21	1.0	5:04	8:26	
3	Sun	7:12	8.5	7:37	9.8	1:03	1.0	1:14	0.9	5:05	8:26	
4	Mon	8:11	8.7	8:31	10.2	2:01	0.6	2:10	0.8	5:06	8:25	
5	Tue	9:09	9.0	9:25	10.7	2:58	0.1	3:06	0.4	5:06	8:25	
6	Wed	10:05	9.3	10:18	11.2	3:52	-0.5	4:00	0.1	5:07	8:25	
7	Thu	10:59	9.8	11:12	11.6	4:46	-1.1	4:54	-0.3	5:08	8:24	
8	Fri	11:53	10.1			5:38	-1.5	5:49	-0.6	5:08	8:24	
9	Sat	12:06	11.8	12:47	10.4	6:31	-1.8	6:44	-0.8	5:09	8:23	
10	Sun	1:00	11.8	1:40	10.6	7:23	-1.9	7:39	-0.8	5:10	8:23	
11	Mon	1:55	11.6	2:34	10.7	8:15	-1.7	8:35	-0.7	5:11	8:22	
12	Tue	2:51	11.2	3:29	10.6	9:09	-1.4	9:34	-0.4	5:12	8:22	
13	Wed	3:49	10.7	4:27	10.5	10:04	-0.9	10:36	-0.2	5:12	8:21	
14	Thu	4:50	10.1	5:25	10.3	11:01	-0.4	11:39	0.1	5:13	8:20	
15	Fri	5:52	9.5	6:23	10.1	11:59	0.1			5:14	8:20	
16	Sat	6:55	9.1	7:22	10.0	12:43	0.3	12:59	0.6	5:15	8:19	
17	Sun	7:59	8.8	8:21	9.9	1:48	0.4	2:00	0.9	5:16	8:18	
18	Mon	8:59	8.7	9:15	9.9	2:49	0.4	2:57	1.1	5:17	8:17	
19	Tue	9:53	8.7	10:04	9.9	3:43	0.3	3:49	1.1	5:18	8:17	
20	Wed	10:41	8.7	10:49	9.9	4:32	0.2	4:35	1.1	5:19	8:16	
21	Thu	11:26	8.8	11:31	9.9	5:16	0.2	5:18	1.1	5:20	8:15	
22	Fri			12:07	8.9	5:56	0.1	5:57	1.0	5:21	8:14	
23	Sat	12:11	9.9	12:45	9.0	6:32	0.1	6:35	1.0	5:22	8:13	
24	Sun	12:48	9.9	1:20	9.0	7:06	0.1	7:12	1.0	5:23	8:12	
25	Mon	1:24	9.8	1:55	9.1	7:39	0.2	7:48	1.0	5:24	8:11	
26	Tue	1:59	9.6	2:29	9.1	8:13	0.3	8:26	1.0	5:25	8:10	
27	Wed	2:36	9.4	3:05	9.1	8:48	0.4	9:06	1.1	5:26	8:09	
28	Thu	3:15	9.2	3:44	9.2	9:26	0.5	9:51	1.0	5:27	8:08	
29	Fri	3:59	8.9	4:26	9.3	10:08	0.7	10:38	1.0	5:28	8:07	
30	Sat	4:47	8.7	5:13	9.4	10:54	0.8	11:30	0.9	5:29	8:05	
31	Sun	5:39	8.6	6:04	9.6	11:44	0.9			5:30	8:04	