

Fore River, Portland, ME - Jul 2090

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	2:08	11.1	2:49	10.2	8:30	-1.3	8:48	-0.2	5:04	8:26	
2	Sun	3:01	10.9	3:43	10.3	9:22	-1.1	9:45	-0.1	5:04	8:26	
3	Mon	3:59	10.5	4:40	10.3	10:17	-0.8	10:46	0.0	5:05	8:26	
4	Tue	5:00	10.1	5:38	10.3	11:13	-0.5	11:49	0.1	5:05	8:25	
5	Wed	6:03	9.7	6:37	10.3			12:12	-0.1	5:06	8:25	
6	Thu	7:08	9.4	7:38	10.4	12:55	0.1	1:13	0.2	5:07	8:25	
7	Fri	8:14	9.2	8:37	10.4	2:01	0.0	2:15	0.4	5:07	8:24	
8	Sat	9:16	9.2	9:33	10.5	3:04	-0.1	3:14	0.5	5:08	8:24	
9	Sun	10:12	9.2	10:25	10.5	4:00	-0.3	4:08	0.5	5:09	8:23	
10	Mon	11:04	9.2	11:13	10.5	4:52	-0.4	4:57	0.6	5:10	8:23	
11	Tue	11:52	9.3	11:59	10.5	5:39	-0.5	5:44	0.6	5:11	8:22	
12	Wed			12:37	9.2	6:24	-0.4	6:28	0.7	5:11	8:22	
13	Thu	12:42	10.3	1:18	9.2	7:05	-0.3	7:10	0.8	5:12	8:21	
14	Fri	1:22	10.1	1:58	9.2	7:43	-0.1	7:51	0.9	5:13	8:21	
15	Sat	2:02	9.8	2:37	9.1	8:21	0.1	8:32	1.1	5:14	8:20	
16	Sun	2:42	9.5	3:17	9.0	8:58	0.4	9:14	1.3	5:15	8:19	
17	Mon	3:24	9.2	3:58	9.0	9:38	0.6	9:59	1.4	5:16	8:18	
18	Tue	4:09	8.9	4:41	8.9	10:19	0.9	10:47	1.5	5:17	8:18	
19	Wed	4:56	8.5	5:26	8.9	11:02	1.1	11:36	1.5	5:18	8:17	
20	Thu	5:46	8.3	6:13	9.0	11:48	1.3			5:19	8:16	
21	Fri	6:39	8.1	7:03	9.1	12:28	1.5	12:38	1.4	5:20	8:15	
22	Sat	7:36	8.1	7:55	9.4	1:24	1.3	1:31	1.4	5:21	8:14	
23	Sun	8:33	8.3	8:48	9.8	2:21	0.9	2:26	1.2	5:21	8:13	
24	Mon	9:26	8.6	9:38	10.3	3:14	0.4	3:19	0.8	5:22	8:12	
25	Tue	10:17	9.0	10:28	10.8	4:05	-0.1	4:10	0.4	5:24	8:11	
26	Wed	11:07	9.5	11:19	11.2	4:54	-0.7	5:01	0.0	5:25	8:10	
27	Thu	11:57	9.9			5:42	-1.1	5:53	-0.4	5:26	8:09	
28	Fri	12:09	11.4	12:47	10.3	6:31	-1.5	6:45	-0.7	5:27	8:08	
29	Sat	1:01	11.5	1:37	10.6	7:20	-1.6	7:37	-0.8	5:28	8:07	
30	Sun	1:53	11.4	2:28	10.8	8:10	-1.6	8:32	-0.8	5:29	8:06	
31	Mon	2:47	11.1	3:21	10.8	9:02	-1.3	9:29	-0.7	5:30	8:05	