

Fore River, Portland, ME - Jan 2021

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	7:37	9.0	8:10	8.1	1:14	1.4	2:00	0.9	7:14	4:15	
2	Tue	8:22	9.3	8:57	8.4	2:03	1.3	2:46	0.5	7:14	4:16	
3	Wed	9:05	9.7	9:41	8.7	2:48	1.0	3:28	0.0	7:14	4:17	
4	Thu	9:47	10.1	10:24	9.0	3:30	0.7	4:10	-0.4	7:14	4:17	
5	Fri	10:29	10.4	11:06	9.2	4:13	0.4	4:52	-0.8	7:14	4:18	
6	Sat	11:12	10.7	11:49	9.5	4:57	0.1	5:34	-1.1	7:14	4:19	
7	Sun	11:56	10.9			5:42	-0.2	6:18	-1.3	7:13	4:21	
8	Mon	12:33	9.7	12:42	10.9	6:29	-0.3	7:03	-1.3	7:13	4:22	
9	Tue	1:19	9.9	1:31	10.7	7:18	-0.4	7:51	-1.2	7:13	4:23	
10	Wed	2:08	9.9	2:24	10.4	8:11	-0.3	8:43	-1.0	7:13	4:24	
11	Thu	3:02	10.0	3:22	10.0	9:09	-0.2	9:38	-0.6	7:12	4:25	
12	Fri	3:59	10.0	4:25	9.5	10:10	-0.1	10:36	-0.3	7:12	4:26	
13	Sat	4:59	9.9	5:31	9.2	11:15	0.0	11:37	0.0	7:11	4:27	
14	Sun	6:02	10.0	6:40	9.0			12:24	-0.1	7:11	4:28	
15	Mon	7:05	10.1	7:46	9.0	12:41	0.2	1:31	-0.3	7:10	4:30	
16	Tue	8:05	10.2	8:46	9.1	1:45	0.3	2:32	-0.5	7:10	4:31	
17	Wed	9:01	10.4	9:40	9.2	2:43	0.2	3:27	-0.8	7:09	4:32	
18	Thu	9:52	10.5	10:30	9.3	3:36	0.1	4:17	-0.9	7:09	4:33	
19	Fri	10:40	10.5	11:17	9.4	4:25	0.1	5:03	-0.9	7:08	4:35	
20	Sat	11:24	10.4	11:59	9.4	5:11	0.1	5:46	-0.8	7:07	4:36	
21	Sun			12:07	10.2	5:54	0.2	6:26	-0.6	7:07	4:37	
22	Mon	12:40	9.3	12:47	9.9	6:35	0.3	7:04	-0.3	7:06	4:39	
23	Tue	1:19	9.1	1:27	9.6	7:16	0.5	7:42	0.0	7:05	4:40	
24	Wed	1:58	9.0	2:09	9.1	7:58	0.8	8:21	0.4	7:04	4:41	
25	Thu	2:39	8.8	2:53	8.7	8:42	1.0	9:03	0.7	7:03	4:42	
26	Fri	3:23	8.7	3:41	8.3	9:30	1.2	9:47	1.1	7:02	4:44	
27	Sat	4:09	8.6	4:33	8.0	10:20	1.4	10:34	1.4	7:01	4:45	
28	Sun	4:58	8.5	5:28	7.7	11:15	1.4	11:26	1.6	7:01	4:47	
29	Mon	5:51	8.6	6:28	7.7			12:12	1.3	7:00	4:48	
30	Tue	6:46	8.8	7:26	7.8	12:21	1.6	1:11	1.1	6:58	4:49	
31	Wed	7:39	9.1	8:19	8.2	1:17	1.4	2:05	0.6	6:57	4:51	