

Fore River, Portland, ME - Jul 2024

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	1:36	11.4	2:21	9.9	8:03	-1.4	8:16	0.0	5:04	8:26	
2	Fri	2:31	11.2	3:16	10.0	8:56	-1.2	9:13	0.1	5:04	8:26	
3	Sat	3:28	10.8	4:14	10.0	9:51	-1.0	10:14	0.2	5:05	8:26	
4	Sun	4:29	10.4	5:12	10.1	10:48	-0.6	11:18	0.3	5:05	8:25	
5	Mon	5:32	9.9	6:11	10.1	11:45	-0.2			5:06	8:25	
6	Tue	6:36	9.5	7:10	10.1	12:23	0.3	12:44	0.2	5:07	8:25	
7	Wed	7:41	9.1	8:08	10.1	1:29	0.3	1:45	0.5	5:08	8:24	
8	Thu	8:44	9.0	9:04	10.2	2:33	0.2	2:44	0.8	5:08	8:24	
9	Fri	9:42	8.9	9:55	10.2	3:32	0.0	3:38	0.9	5:09	8:23	
10	Sat	10:35	8.9	10:43	10.2	4:24	-0.1	4:28	1.0	5:10	8:23	
11	Sun	11:24	8.9	11:29	10.2	5:12	-0.2	5:14	1.1	5:11	8:22	
12	Mon			12:09	8.8	5:57	-0.2	5:57	1.1	5:11	8:22	
13	Tue	12:11	10.1	12:51	8.8	6:38	-0.1	6:38	1.2	5:12	8:21	
14	Wed	12:52	10.0	1:30	8.8	7:17	0.0	7:18	1.2	5:13	8:21	
15	Thu	1:30	9.9	2:08	8.8	7:54	0.2	7:57	1.3	5:14	8:20	
16	Fri	2:08	9.7	2:46	8.7	8:30	0.3	8:36	1.4	5:15	8:19	
17	Sat	2:47	9.4	3:25	8.7	9:07	0.5	9:19	1.5	5:16	8:18	
18	Sun	3:29	9.1	4:05	8.8	9:45	0.7	10:03	1.6	5:17	8:18	
19	Mon	4:13	8.8	4:47	8.8	10:26	0.9	10:51	1.6	5:18	8:17	
20	Tue	5:00	8.6	5:30	8.9	11:09	1.1	11:40	1.5	5:19	8:16	
21	Wed	5:50	8.3	6:16	9.1	11:55	1.2			5:20	8:15	
22	Thu	6:44	8.2	7:06	9.3	12:33	1.3	12:44	1.3	5:21	8:14	
23	Fri	7:42	8.2	8:00	9.7	1:30	1.0	1:38	1.3	5:22	8:13	
24	Sat	8:40	8.4	8:54	10.1	2:28	0.6	2:35	1.0	5:23	8:12	
25	Sun	9:37	8.7	9:48	10.6	3:24	0.1	3:29	0.7	5:24	8:11	
26	Mon	10:31	9.1	10:41	11.1	4:17	-0.5	4:23	0.3	5:25	8:10	
27	Tue	11:24	9.5	11:35	11.4	5:10	-1.0	5:17	-0.1	5:26	8:09	
28	Wed			12:17	9.9	6:02	-1.4	6:11	-0.4	5:27	8:08	
29	Thu	12:28	11.6	1:09	10.2	6:53	-1.6	7:06	-0.6	5:28	8:07	
30	Fri	1:22	11.6	2:02	10.4	7:44	-1.6	8:01	-0.6	5:29	8:06	
31	Sat	2:16	11.4	2:55	10.5	8:36	-1.4	8:58	-0.5	5:30	8:05	