

Fore River, Portland, ME - Jan 2025

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	6:45	8.7	7:19	7.9	12:21	1.6	1:07	1.3	7:14	4:15	
2	Sun	7:34	9.0	8:11	8.0	1:12	1.5	1:59	0.9	7:14	4:16	
3	Mon	8:20	9.4	9:00	8.3	2:02	1.3	2:47	0.3	7:14	4:17	
4	Tue	9:05	9.9	9:46	8.6	2:48	1.0	3:32	-0.2	7:14	4:17	
5	Wed	9:50	10.3	10:32	8.9	3:34	0.7	4:17	-0.6	7:14	4:18	
6	Thu	10:35	10.7	11:18	9.2	4:20	0.3	5:03	-1.0	7:14	4:20	
7	Fri	11:23	11.0			5:07	0.0	5:49	-1.3	7:13	4:21	
8	Sat	12:04	9.5	12:11	11.1	5:56	-0.2	6:36	-1.4	7:13	4:22	
9	Sun	12:52	9.6	1:01	11.0	6:47	-0.3	7:25	-1.4	7:13	4:23	
10	Mon	1:42	9.7	1:54	10.7	7:40	-0.3	8:16	-1.2	7:13	4:24	
11	Tue	2:36	9.8	2:52	10.3	8:37	-0.2	9:10	-0.8	7:12	4:25	
12	Wed	3:32	9.8	3:53	9.8	9:38	0.0	10:07	-0.4	7:12	4:26	
13	Thu	4:30	9.8	4:57	9.3	10:43	0.1	11:06	0.0	7:11	4:27	
14	Fri	5:30	9.8	6:04	8.9	11:50	0.1			7:11	4:28	
15	Sat	6:32	9.8	7:12	8.7	12:07	0.4	12:58	0.0	7:10	4:30	
16	Sun	7:32	9.9	8:15	8.7	1:11	0.6	2:01	-0.2	7:10	4:31	
17	Mon	8:29	10.0	9:11	8.7	2:11	0.7	2:58	-0.4	7:09	4:32	
18	Tue	9:21	10.1	10:02	8.8	3:05	0.7	3:50	-0.5	7:09	4:33	
19	Wed	10:09	10.1	10:49	8.8	3:54	0.7	4:37	-0.6	7:08	4:35	
20	Thu	10:54	10.1	11:32	8.9	4:40	0.6	5:20	-0.5	7:07	4:36	
21	Fri	11:36	10.0			5:22	0.7	6:00	-0.4	7:07	4:37	
22	Sat	12:12	8.8	12:15	9.8	6:02	0.7	6:37	-0.2	7:06	4:39	
23	Sun	12:49	8.8	12:53	9.6	6:41	0.8	7:13	0.0	7:05	4:40	
24	Mon	1:26	8.7	1:31	9.3	7:20	1.0	7:49	0.3	7:04	4:41	
25	Tue	2:04	8.6	2:11	8.9	8:01	1.1	8:26	0.6	7:03	4:43	
26	Wed	2:43	8.5	2:55	8.5	8:44	1.3	9:06	0.9	7:02	4:44	
27	Thu	3:25	8.5	3:42	8.1	9:31	1.4	9:49	1.2	7:01	4:45	
28	Fri	4:09	8.5	4:33	7.8	10:22	1.4	10:35	1.5	7:00	4:47	
29	Sat	4:56	8.5	5:29	7.6	11:16	1.4	11:26	1.6	6:59	4:48	
30	Sun	5:48	8.6	6:30	7.6			12:14	1.3	6:58	4:49	
31	Mon	6:44	8.9	7:30	7.8	12:22	1.6	1:15	0.9	6:57	4:51	