

Fore River, Portland, ME - Jan 2016

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	2:47	9.1	2:58	9.8	8:47	0.6	9:20	-0.3	7:14	4:14	
2	Mon	3:40	9.3	3:56	9.5	9:45	0.5	10:13	-0.1	7:14	4:15	
3	Tue	4:34	9.5	4:58	9.2	10:46	0.4	11:09	0.1	7:14	4:16	
4	Wed	5:32	9.8	6:04	9.0	11:51	0.2			7:14	4:17	
5	Thu	6:32	10.0	7:11	8.9	12:09	0.3	12:57	-0.1	7:14	4:18	
6	Fri	7:32	10.3	8:15	9.0	1:11	0.3	2:01	-0.5	7:14	4:19	
7	Sat	8:30	10.6	9:14	9.1	2:11	0.3	3:00	-0.9	7:13	4:20	
8	Sun	9:25	10.8	10:10	9.3	3:07	0.2	3:55	-1.1	7:13	4:21	
9	Mon	10:18	10.9	11:02	9.3	4:01	0.1	4:47	-1.2	7:13	4:22	
10	Tue	11:09	10.8	11:51	9.3	4:52	0.1	5:36	-1.2	7:13	4:24	
11	Wed	11:58	10.6			5:42	0.2	6:23	-1.0	7:12	4:25	
12	Thu	12:38	9.2	12:44	10.3	6:30	0.3	7:08	-0.6	7:12	4:26	
13	Fri	1:23	9.1	1:30	9.9	7:17	0.6	7:53	-0.2	7:12	4:27	
14	Sat	2:09	8.9	2:17	9.4	8:05	0.9	8:37	0.2	7:11	4:28	
15	Sun	2:55	8.7	3:07	8.8	8:55	1.1	9:22	0.7	7:11	4:29	
16	Mon	3:42	8.6	3:59	8.3	9:48	1.4	10:08	1.1	7:10	4:31	
17	Tue	4:30	8.5	4:53	7.9	10:42	1.5	10:56	1.5	7:09	4:32	
18	Wed	5:20	8.4	5:51	7.6	11:39	1.6	11:48	1.8	7:09	4:33	
19	Thu	6:11	8.5	6:50	7.5			12:39	1.5	7:08	4:34	
20	Fri	7:04	8.6	7:48	7.6	12:42	1.9	1:36	1.2	7:07	4:36	
21	Sat	7:55	8.8	8:39	7.8	1:36	1.9	2:27	0.9	7:07	4:37	
22	Sun	8:42	9.2	9:25	8.0	2:25	1.7	3:12	0.5	7:06	4:38	
23	Mon	9:26	9.5	10:08	8.3	3:10	1.3	3:54	0.1	7:05	4:40	
24	Tue	10:09	9.9	10:49	8.6	3:52	1.0	4:35	-0.3	7:04	4:41	
25	Wed	10:51	10.3	11:30	8.9	4:35	0.6	5:15	-0.6	7:04	4:42	
26	Thu	11:33	10.5			5:18	0.3	5:56	-0.9	7:03	4:44	
27	Fri	12:10	9.2	12:16	10.6	6:02	0.0	6:37	-1.1	7:02	4:45	
28	Sat	12:51	9.5	1:01	10.6	6:48	-0.2	7:20	-1.1	7:01	4:46	
29	Sun	1:35	9.7	1:49	10.3	7:37	-0.3	8:06	-0.9	7:00	4:48	
30	Mon	2:22	9.9	2:41	9.9	8:29	-0.3	8:55	-0.6	6:59	4:49	
31	Tue	3:13	9.9	3:39	9.4	9:26	-0.2	9:48	-0.2	6:58	4:50	