

Fore River, Portland, ME - Jul 2007

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	4:01	9.2	4:41	8.9	10:21	0.5	10:43	1.4	5:04	8:26	
2	Tue	4:50	9.0	5:26	9.2	11:06	0.6	11:35	1.1	5:04	8:26	
3	Wed	5:43	8.9	6:14	9.6	11:54	0.6			5:05	8:26	
4	Thu	6:40	8.8	7:07	9.9	12:32	0.8	12:46	0.7	5:06	8:25	
5	Fri	7:41	8.8	8:03	10.4	1:32	0.4	1:42	0.7	5:06	8:25	
6	Sat	8:44	8.9	9:00	10.8	2:33	-0.1	2:41	0.5	5:07	8:25	
7	Sun	9:45	9.1	9:57	11.2	3:32	-0.6	3:38	0.3	5:08	8:24	
8	Mon	10:43	9.4	10:54	11.5	4:30	-1.0	4:35	0.1	5:08	8:24	
9	Tue	11:41	9.6	11:51	11.6	5:26	-1.3	5:32	-0.1	5:09	8:23	
10	Wed			12:38	9.8	6:22	-1.5	6:29	-0.1	5:10	8:23	
11	Thu	12:47	11.6	1:32	9.9	7:16	-1.5	7:25	-0.1	5:11	8:22	
12	Fri	1:42	11.4	2:26	9.9	8:09	-1.3	8:21	0.0	5:12	8:22	
13	Sat	2:38	10.9	3:20	9.9	9:01	-1.0	9:19	0.3	5:12	8:21	
14	Sun	3:34	10.4	4:15	9.8	9:54	-0.5	10:19	0.5	5:13	8:20	
15	Mon	4:33	9.7	5:09	9.7	10:47	0.1	11:20	0.7	5:14	8:20	
16	Tue	5:31	9.1	6:03	9.5	11:40	0.6			5:15	8:19	
17	Wed	6:31	8.6	6:56	9.4	12:21	0.9	12:34	1.2	5:16	8:18	
18	Thu	7:32	8.2	7:51	9.3	1:22	1.0	1:30	1.6	5:17	8:17	
19	Fri	8:31	8.0	8:44	9.3	2:23	1.0	2:26	1.8	5:18	8:17	
20	Sat	9:26	8.0	9:33	9.3	3:18	0.9	3:18	1.9	5:19	8:16	
21	Sun	10:16	8.1	10:19	9.5	4:07	0.8	4:04	1.8	5:20	8:15	
22	Mon	11:01	8.2	11:02	9.6	4:51	0.6	4:47	1.7	5:21	8:14	
23	Tue	11:44	8.3	11:42	9.7	5:32	0.5	5:28	1.6	5:22	8:13	
24	Wed			12:23	8.4	6:10	0.4	6:06	1.5	5:23	8:12	
25	Thu	12:21	9.8	1:00	8.5	6:46	0.3	6:43	1.4	5:24	8:11	
26	Fri	12:57	9.8	1:35	8.7	7:20	0.2	7:21	1.2	5:25	8:10	
27	Sat	1:33	9.8	2:09	8.8	7:53	0.2	7:59	1.1	5:26	8:09	
28	Sun	2:10	9.7	2:44	9.0	8:28	0.2	8:40	1.0	5:27	8:08	
29	Mon	2:49	9.6	3:22	9.2	9:06	0.2	9:25	0.9	5:28	8:07	
30	Tue	3:33	9.4	4:03	9.5	9:47	0.3	10:14	0.7	5:29	8:05	
31	Wed	4:22	9.1	4:49	9.7	10:32	0.5	11:07	0.6	5:30	8:04	