

Fore River, Portland, ME - Nov 2009

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	1:37	8.5	12:34	9.6	6:24	1.4	7:01	0.4	6:17	4:31	
2	Mon	1:15	8.3	1:14	9.5	7:04	1.6	7:44	0.5	6:18	4:30	
3	Tue	1:59	8.1	2:00	9.4	7:49	1.7	8:33	0.6	6:20	4:29	
4	Wed	2:49	8.0	2:54	9.3	8:40	1.8	9:28	0.7	6:21	4:27	
5	Thu	3:46	8.1	3:54	9.3	9:39	1.7	10:26	0.7	6:22	4:26	
6	Fri	4:46	8.3	4:58	9.3	10:42	1.5	11:25	0.5	6:24	4:25	
7	Sat	5:47	8.7	6:04	9.5	11:48	1.1			6:25	4:24	
8	Sun	6:46	9.4	7:09	9.7	12:25	0.3	12:54	0.5	6:26	4:23	
9	Mon	7:42	10.1	8:09	9.9	1:23	0.0	1:55	-0.2	6:27	4:21	
10	Tue	8:33	10.7	9:05	10.2	2:17	-0.3	2:52	-0.9	6:29	4:20	
11	Wed	9:23	11.2	9:59	10.3	3:08	-0.5	3:45	-1.4	6:30	4:19	
12	Thu	10:12	11.5	10:52	10.2	3:57	-0.5	4:36	-1.7	6:31	4:18	
13	Fri	11:01	11.5	11:44	10.0	4:47	-0.4	5:28	-1.7	6:33	4:17	
14	Sat	11:51	11.3			5:37	-0.1	6:19	-1.4	6:34	4:16	
15	Sun	12:35	9.7	12:41	10.9	6:27	0.2	7:10	-1.0	6:35	4:15	
16	Mon	1:28	9.3	1:33	10.4	7:18	0.7	8:04	-0.4	6:36	4:14	
17	Tue	2:22	8.9	2:29	9.8	8:13	1.2	9:00	0.2	6:38	4:13	
18	Wed	3:20	8.5	3:28	9.3	9:12	1.5	9:58	0.6	6:39	4:13	
19	Thu	4:19	8.3	4:28	8.9	10:14	1.8	10:55	1.0	6:40	4:12	
20	Fri	5:16	8.3	5:28	8.6	11:16	1.9	11:50	1.2	6:42	4:11	
21	Sat	6:10	8.4	6:27	8.4			12:18	1.8	6:43	4:10	
22	Sun	7:01	8.6	7:22	8.3	12:43	1.3	1:15	1.5	6:44	4:10	
23	Mon	7:48	8.9	8:12	8.4	1:31	1.4	2:06	1.2	6:45	4:09	
24	Tue	8:29	9.2	8:58	8.4	2:15	1.4	2:50	0.8	6:46	4:08	
25	Wed	9:08	9.4	9:40	8.5	2:54	1.4	3:30	0.5	6:48	4:08	
26	Thu	9:44	9.6	10:21	8.5	3:31	1.3	4:08	0.3	6:49	4:07	
27	Fri	10:20	9.7	11:00	8.5	4:07	1.3	4:45	0.1	6:50	4:07	
28	Sat	10:56	9.8	11:38	8.5	4:43	1.3	5:23	0.0	6:51	4:06	
29	Sun	11:34	9.9			5:22	1.3	6:02	0.0	6:52	4:06	
30	Mon	12:17	8.5	12:14	9.9	6:02	1.3	6:43	0.0	6:53	4:05	