

Fore River, Portland, ME - Aug 2100

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	8:24	7.5	8:32	8.9	2:13	1.6	2:08	2.3	5:30	8:04	
2	Mon	9:18	7.6	9:23	9.2	3:08	1.3	3:02	2.1	5:32	8:03	
3	Tue	10:07	7.9	10:10	9.6	3:56	0.9	3:50	1.7	5:33	8:01	
4	Wed	10:52	8.2	10:54	10.0	4:40	0.5	4:36	1.4	5:34	8:00	
5	Thu	11:35	8.6	11:38	10.3	5:22	0.1	5:20	0.9	5:35	7:59	
6	Fri			12:16	9.1	6:02	-0.3	6:05	0.5	5:36	7:58	
7	Sat	12:22	10.6	12:56	9.5	6:42	-0.6	6:51	0.1	5:37	7:56	
8	Sun	1:05	10.7	1:37	9.9	7:23	-0.8	7:38	-0.1	5:38	7:55	
9	Mon	1:51	10.6	2:20	10.3	8:05	-0.8	8:27	-0.3	5:39	7:53	
10	Tue	2:38	10.3	3:06	10.4	8:50	-0.6	9:19	-0.3	5:40	7:52	
11	Wed	3:30	9.9	3:56	10.5	9:38	-0.3	10:15	-0.2	5:41	7:51	
12	Thu	4:27	9.5	4:51	10.4	10:31	0.2	11:15	0.0	5:43	7:49	
13	Fri	5:29	9.0	5:50	10.2	11:28	0.6			5:44	7:48	
14	Sat	6:35	8.6	6:54	10.1	12:19	0.2	12:30	1.0	5:45	7:46	
15	Sun	7:45	8.4	8:02	10.0	1:29	0.3	1:37	1.2	5:46	7:45	
16	Mon	8:53	8.5	9:07	10.1	2:38	0.2	2:45	1.1	5:47	7:43	
17	Tue	9:53	8.7	10:05	10.3	3:40	0.0	3:46	0.9	5:48	7:42	
18	Wed	10:47	8.9	10:58	10.4	4:35	-0.2	4:40	0.7	5:49	7:40	
19	Thu	11:36	9.2	11:46	10.4	5:24	-0.3	5:30	0.5	5:50	7:38	
20	Fri			12:20	9.3	6:08	-0.3	6:17	0.4	5:51	7:37	
21	Sat	12:31	10.2	1:01	9.4	6:48	-0.2	7:00	0.4	5:53	7:35	
22	Sun	1:12	10.0	1:38	9.5	7:26	0.1	7:41	0.5	5:54	7:34	
23	Mon	1:52	9.6	2:15	9.4	8:01	0.4	8:22	0.7	5:55	7:32	
24	Tue	2:32	9.2	2:52	9.3	8:37	0.8	9:04	0.9	5:56	7:30	
25	Wed	3:14	8.7	3:31	9.1	9:15	1.2	9:48	1.1	5:57	7:29	
26	Thu	4:00	8.3	4:14	8.9	9:56	1.6	10:36	1.4	5:58	7:27	
27	Fri	4:49	7.9	5:01	8.7	10:41	2.0	11:27	1.6	5:59	7:25	
28	Sat	5:43	7.5	5:54	8.6	11:31	2.2			6:00	7:23	
29	Sun	6:41	7.4	6:51	8.6	12:24	1.7	12:26	2.4	6:02	7:22	
30	Mon	7:42	7.4	7:51	8.8	1:26	1.7	1:26	2.3	6:03	7:20	
31	Tue	8:40	7.6	8:47	9.2	2:26	1.4	2:25	2.0	6:04	7:18	